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TIMES JOURNAL

Serving Albany - El Cerrito - Kensington - Thousand Oaks

VOLUME 4 ★ ALBANY-EL CERRITO, CALIFORNIA WEDNESDAY, OCTOBER 26, 1983

★ NO. 84



Halloween: a time for ghosts, goblins and goodies

Looking for holiday fun

It's a time for ghosts and goblins and things that go bump in the night. Among the options for Halloween events:

On Thursday, Oct. 27 at 2:30 p.m., children in grades K-6 are invited by Agnes Chen, children's librarian at the Kensington Library, to come in costume if they wish, for a story and a story program which will last 45-50 minutes. No registration is needed.

Also in Kensington, children age 5 through grade 8 are invited to a Halloween party at Arlington Community Church, 52 Arlington Ave., from 7 to 9 p.m. on Monday, Oct. 31. Parents are welcome.

The Kensington Community Council will sponsor its annual pumpkin carving contest on Sunday, Oct. 30, from 11:30 a.m. to 1 p.m. at the Youth Hut. Local children in grades 2 through 6 are invited.

There will be awards for the best, the most original, and the funniest pumpkins. Refreshments will be served and parents are welcome.

CCC will provide the pumpkins. Children should bring a blunt knife for carving and any accessories (such as markers, toothpicks, etc.) they need for decorating their pumpkins. There is a registration fee of \$1 per child. Please call the Recreation Office, Oct. 26 to register.

Witch Hazel will present a Halloween puppet show at the El Cerrito Center on Friday, Oct. 28, at 3 p.m.

Children are invited to wear their costumes to this free program.

This program is sponsored by the Friends of the El Cerrito Library as part of the 70th anniversary celebration of the library. The library is located at 6510 Stockton Ave.

• The Berkeley School PTA in El Cerrito (Fairmount and Ashbury) will hold a Halloween carnival on Saturday, Oct. 29, from 10 a.m. to 3 p.m. on the school grounds. The event will be held rain or shine and is free; tickets for the booths are 5 for \$1.

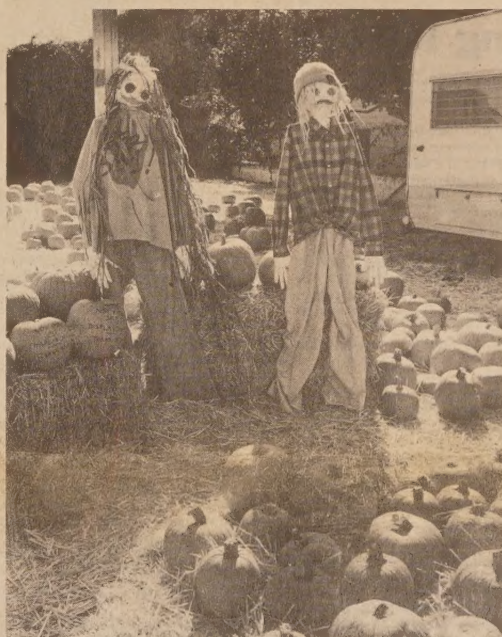
• The Berkeley Fellowship of Unitarian-Universalists will present "Music 'n' Magic," a Halloween show for children 3 years and older, on Sunday, Oct. 30, at 2 p.m.

There will be songs, nonsense, music and magic with Nancy Raven and Happy the Clown. The show is at the Berkeley Fellowship Hall, 1606 Bonita. Admission is \$1 for children, \$2 for adults.

• Costumed children, ages preschool through 12 years old, are invited to trick-or-treat at all El Cerrito Plaza stores, Monday, Oct. 31 from 2 to 6 p.m.

All participating stores will give free candy to children in costume. Parents are urged to escort their children from store to store to further their safety.

• The North Berkeley Senior Center will host a free Halloween party on Monday, Oct. 31 at 1:15 p.m. Participating with the older adults will be a 4th grade class from Washington (Continued on Page 2)



The Center for Independent Living has a pumpkin patch on Solano Avenue.

Big plans from little kids

By BETH MENDE

Just thinking about Halloween brings smiles to the faces of people of all ages.

For the kindergartners of Castro School in El Cerrito, it is a time to dress up and for one short night become their favorite superheroes and cartoon characters; to be with friends and collect bags full of candies and other treats.

For the seniors of El Cerrito's Christ Lutheran Senior Center, it is a time to remember with fondness the celebrations and costumes of years past.

Five year old Randal Phillips has been looking forward to the holiday for some time. He is going to dress up as Spiderman. Asked what he will be doing Halloween night, he said seriously, "Jumping, climbing buildings."

"I'm Spiderman every year," he said, and added with a smile, "I'll always be Spiderman."

Like several of his classmates, Shawn Elzie, 5, is going to be a biker scout from the movie, "Return of the Jedi."

"He's a bad guy," he said proudly. "He gets killed."

Shawn, however, is not worried about missing any Halloween action. "There's no guns," he said, and just like the movies, it's all make-believe.

"I like ghosts," said Amanda Heredia, who will be dressing up as one this year. Asked what she would do if she saw a real ghost Halloween night, she quickly answered, "Run!"

Fernando Anthony, 5, will be the cartoon character Superfriend because, he said, "I want to be stronger than steel."

Colby Spexarth was coming as Ewok, another "Return of the Jedi" character. "I like furry things," he said.

Colby, 5, said he is really going to enjoy this Halloween because he knows he won't be dressing up when he becomes an adult.

"After 19, I know I won't be wearing a costume," he said.

Witches, clowns, ballerinas, Superwoman, Smurf, Strawberry Shortcake and Dracula were also popular Halloween personalities among the kindergartners, and most had already decided which to become.

For Tal Segev, however, the decision continues to be tough one. "I might be Skeletor, He-Man, Faker or Master of the Universe," he said thoughtfully.

For Maryellen Larcher, 68, deciding which costume was her all-time favorite is easy.

"Martha Washington — that was my favorite costume," said Larcher, (Continued on Page 2)



Edna Samuels and her soon-to-be-raffled quilt

Quilting: an act of love

By JIM GRODNIK

EL CERRITO — Edna Samuel may be confined to a wheelchair, but that doesn't mean she's stopped doing things for others.

Samuel, 89, has just completed a quilt which she donated to the Open House Senior Center. On Nov. 2, the quilt will be raffled off at the Center's fifth anniversary party.

Samuel wanted to do something for the Center where she has been coming twice a week for lunch for the last two years. The quilt was the ideal gift. "I wasn't able to give them money," she said.

A native of Shreveport, La., Samuel has lived in the Bay Area since 1943, when her husband came to Richmond to work in the shipyards. When he died two years later, she went to work at Mannings Cafeteria in San Francisco, where she continued working long after her "retirement" in 1962.

After a formal retirement, she continued to answer the company's calls for help, and replacing people as they went on vacation. Finally in 1975, she was no longer able to work. At that time an operation forced her into a wheelchair. She battles the forced inactivity by sewing and quilting.

"I can't get out and go anywhere, so I have to have something to do," she said as she sat in the bedroom of her home in El Cerrito.

A television set, tuned to a soap opera, flickered silently and redly. There were scraps of cloth strewn on the bed. The next quilt was underway.

"I started making quilts when I got crippled," said Samuel, who has been active as a "mother of the church" at Christian Home Baptist Church in Richmond for 37 years.

The "mother of the church" is an honorary title

(Continued on Page 2)

Albany's teachers still don't have new contract

By CHARLES PELTON

ALBANY — Despite progress in the negotiations with the school district, Albany teachers set up informational pickets before class yesterday in a bid to win parental support.

After an 11-hour negotiating session last week which ended with two teacher-negotiators walking out, the school district and the Albany Teachers Association (ATA) closed the difference in salary increase proposals to one percentage point.

The district also dropped its request for more flexibility with regard maximum class size. But two key issues — additional compensation for Children's Center employees and next year's school calendar — remain unresolved.

The pickets were set up at Albany schools 20 minutes

prior to the beginning of class "to make parents and other members of the community aware of the issues," according to Annette Allen, a counselor at the Middle School.

"If the parents support this, (the negotiations) will end quickly," said Don DePasquale, a physics and math teacher at the high school.

Several students, confused by the pickets, wondered whether there would be classes. But teachers assured them that school was still on.

One elementary school youngster looked at a Cornell teacher's sign, "Please Support Us At The Board Meeting Tonight," as he arrived and slowly read it aloud. "I guess I taught that kid how to read well," first grade teacher Nancy Fischer said.

"I'm all for the teachers," said Alice Gaxiola as she (Continued on Page 2)

Elections '83

Board race at snail's pace

By BARBARA ERICKSON

In the first public round of the Nov. 8 Richmond Unified election, school board candidates launched campaigns lacking in heated issues.

Four of the five contenders spoke at Helms Junior High last week before the Richmond Association of School Administrators, a group of about 90 principals, vice principals, deans and central administrators.

Candidate Michael Hembree failed to appear, but administrators heard the others ask for support and answer a series of questions.

They included incumbent Katherine Lord; her running mate, George Cantu; Ionia White, and George Dabney. The four are vying for the seat now occupied by Lord and a second one being vacated by Goy Fuller, after 16 years of service.

The need for consistent and increased sources of money was a theme of the debate, and the only major point of disagreement between the candidates was over school closings.

Lord stood by the board's decision to close five ele-

mentary schools this year.

"I think it will be continued," she said, "though not to the same degree." Eventually, the district will close a secondary site, she said, and eventually it will have to build in the north where growth is rapid.

Cantu described closings as "almost a necessary evil" and said he supports the action if it is done after careful analysis.

"It is ludicrous to keep sites open with very small enrollment," he said. "It would cost the wider community dearly."

White, however, said school closing means the loss of jobs for some district employees. It would be better to keep schools open, she said, and lower class size.

Dabney said, "I am completely against this closing of schools." He especially opposed selling sites that may be needed later if school population rises.

In his opening statement Dabney emphasized his connections with Democratic officials at the federal and state level, a door, he said, to securing more funding.

(Continued on Page 2)

Halloween: not just for kids

(Continued from Page 1)

who proudly wore the fluffy skirt and wig her mother made for her when she was 10.

Trick or treating was great fun as a child, she said, and she still recalls some of the better treats given to her by neighbors.

"There was one lady who was really nice, and (when) some kids knocked on her door, she gave them 25 cents—and back in the 30's that was a lot of money," she said, smiling.

Elaine Parker, a senior volunteer at the senior center who grew up in Seattle, said that when she was young, the children in her neighborhood never went trick or treating. Instead one of the neighborhood mothers would throw them a Halloween party and they would spend the night bobbing for apples and playing games, dressed as ghosts and witches.

"It was a spooky time, (but) it was very exciting to go out," she said. According to Marion Kiloh, 78, they just don't have Halloween parties the way they used to.

"We had a ball," said Kiloh, who never went trick or treating. Instead, she and her family and friends would gather together and spend the night singing around the piano.

Kiloh and her husband, a former stage manager, dressed in costumes every year. Forty years ago, they won first prize for dressing up as former Ethiopian prime minister Haile Selassie and his queen. The next year, Kiloh almost took the prize again for her Mae West outfit.

"My memories of Halloween are very, very beautiful," she said, smiling. "Halloween was a night for fun."



Holiday happenings: where the fun will be

(Continued from Page 1)

tion School.

Pumpkins, refreshments, entertainment, prizes will be featured. The enter is at 1901 Hearst St.

• The Blood Bank of the Alameda-Contra Costa Medical Association is getting into the spirit of Halloween. Through Monday, Oct. 31, the Blood Center lobby at 6230 Claremont, Oakland, will be transformed into a

pumpkin patch and each donor will receive a free pumpkin. For an appointment, call 654-2924.

• There've been some rather, strange happenings going on in Studio One's attic. Someone said she saw ghosts. Someone else said he heard screams and hideous laughter. And no one can figure out where the creaking sounds are coming from.

Those elementary school aged children with courage enough to confront the attic's spooky sound and

creatures can do so on Oct. 29, 30, and 31, from 6 to 11 p.m. The cost is \$1.

For those children who dare not brave the haunted attic, there will be a carnival held on Studio One's main floor. Tickets will be sold for games and food. Studio One is located at 365-45th Street in North Oakland. For additional information, call 653-5711.

Nimble fingers & a loving heart

(Continued from Page 1)

now, but when Samuel was active, she looked after the sick, prepared food for members of the congregation in time of trouble, and even went around to people's houses to help them clean.

"I just loved to go around and help people like that," she said.

The quilt that will be raffled off took more than a month from start to finish. When Samuel works on a quilt, which is nearly every day, she works four hours, sometimes more.

"When I get started I don't want to stop," she said.

She now divides her time among twice-weekly visits to the Senior Center, Sunday mornings at the church, and, during the day, soap operas.

The back surgery that left her crippled was performed against the wishes of her granddaughter,

Edna Mathews. Mathews, who took her grandmother into her home in 1960, thought the operation would be too dangerous.

Without the operation, Samuels ran the risk of being bedridden and unable to care for herself.

"I signed the papers," she said. "I believed the Lord would let me live," she said.

"I can't walk, but I feel plumb good." She misses being able to get around as she used to, but she said, "I see so many people who are in worse shape than I am."

In addition to the drawing for the quilt at the Open House anniversary at 6510 Stockton Ave., the Open House Song Birds, a group from the center, will perform. Samuel will be on hand for the drawing, and she has bought a \$1 ticket herself.

"If I win, I'll give it to someone," she said. "I'm sure proud of it."

Board race off to slow start

(Continued from Page 1)

"I could go to Washington and Sacramento," he said, and bring in money."

Cantu said his "priority number one" is fiscal management, to use existing funds wisely in an era of shrinking budgets. But, he said, he also hopes to raise money by soliciting donations from corporations.

White said she would provide unity by working with all groups. She underscored her ability to deal with children and her skill in effecting compromise.

"I feel, if I am elected," she said, "I will be a servant, not a trustee."

Lord stood on the board's record over the past two years. "We tackled serious problems and came out extremely well," she said.

Responding to questions, the candidates split 3-1 on the F rule, which prevents students from taking part in interscholastic sports when they receive a failing report card rate.

Some parents and coaches have said they would prefer

a more flexible rule allowing students to play with an F if they still maintain a C average, and Dabney said he would oppose the present rule also.

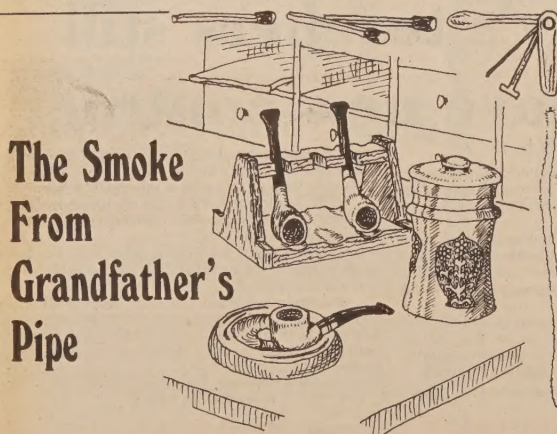
The other candidates all emphasized the need for putting academics first. They would stand firm for the current policy, they said.

All the contenders agreed that they would favor raising administrative salaries. The need, they said, is for better funding.

"You know you're at the bottom of the top 20 (large urban districts)," Lord said, "and you shouldn't be there, but it can't be done until we have a stable source of financing."

Lord also said the district needs more money to alleviate the administrators' heavy work loads. "The only answer is more money for more personnel," she said. "We all want it and I hope it comes soon."

Dabney and Cantu agreed, and White said she would tackle the problem by holding hearings to bring in ideas from staff and community.



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Pre-school classes set

EL CERRITO — The City of El Cerrito is now accepting registrations for a kindergarten enrichment program.

The class meets on Tuesdays and Thursdays from 1:30-3 p.m. at Castro Park Clubhouse on Norwell Street. The instructor, Beth Shang, is a credentialed elementary school teacher.

Activities include basic math, science, language and social studies. Movement, dance, music, drama, art and outdoor play will also be in the program. Activities will be directed towards exploring the environment, developing creativity and gaining self-confidence.

Sign up at the El Cerrito Community Center, 7007 Moerser Lane. For information, please call Barbara at 525-6748.

TIMES JOURNAL

PUBLISHED EVERY WEDNESDAY AND SUNDAY

At Albany, Alameda County and El Cerrito, Contra Costa County, California by North Bay Newspapers/OSWEG Publications Inc.

OFFICE: 1247 Solano Avenue Albany, Calif. 94706 (415) 525-2644

North Bay Newspapers/OSWEG Publications Inc., adjusted for general circulation by order of the Superior Courts of Contra Costa and Alameda Counties. The Times Journal is the legal newspaper for the Cities of El Cerrito and Albany.

Change of Address: Send to 164 Harbour Way, Richmond, Calif. 94801

Council mulls use of permit parking on Pierce

By EILEEN WALSH

ALBANY — After a six-month study of parking problems in the Pierce Street neighborhood, the City Council has set a public hearing for Nov. 21 on the possibility of using permit-parking stickers in the area.

Earlier this year, residents of the neighborhood had requested implementation of the permit-parking system to reduce the impact of cars parked by commuters who take the "L" bus to San Francisco, and horseracing fans going to Golden Gate Fields.

At the request of the Traffic and Safety Commission, the Department of Public Works conducted a study of license plates and vacancy counts in the vicinity, and distributed a questionnaire on parking habits and vehicle ownership that was returned by 107 of the 175 area residents to whom it was sent.

The study concluded that the area near Pierce Street and Calhoun is affected by commuters, while racetrack fans had an impact on the streets around Cleveland and Johnson.

"We've identified the problem, and now we need to hold a public hearing to see if people are willing to put up with the negatives of permit parking," said Robert Guletz, director of public works.

The original proposal for the public hearing included only the southern end of Pierce Street, but at Monday night's meeting Council member William F. Johns requested that the scope be expanded to include the general parking problems at both the southern and northern ends of Pierce Street.

"We might just be moving the problem north if we don't look at the whole street," said William E. Haden, city administrative officer.

The area to be considered includes Pierce from Buchanan to the El Cerrito city line, plus surrounding streets.

One of the drawbacks of a permit-parking system,

Guletz said, is that residents may obtain parking stickers for guests, but would have to go down to City Hall each time to get a new sticker.

One possible alternative to the system is to provide parking during certain hours, such as from 3 to 4 p.m., would hit directly at commuters and track-goers, he said.

Among those opposed to the permit system were many residents who do not live in the Pierce Street area and park their cars there to commute. They claim an equal right to park on city streets.

The public hearing is designed to give all interested parties a chance to air their views. It will be held at 8 p.m. in the council chambers.

"We need to get more input," Guletz said. "We need to see what it means to have permit parking, and people can decide."

Also at Monday's meeting, the Council passed a resolution revising the number of needed housing units in that the city is projecting for the Association of Bay Area Governments.

The figures used by the association are considered need projections, but staff expressed fear that the figures eventually would be interpreted as goals, and that requirements by state government, then used as a lever to force the city to rezone.

The association had projected a figure of 854 housing units by 1990, but negotiations with the city had reduced the figure to 692, which Haden told the Council was a more realistic figure, given Albany's geographic and historically low vacancy rate.

After a lengthy discussion of the general trend of cities losing power to state agencies, the Council unanimously passed the resolution.

The Council adjourned the meeting in honor of Marines who were killed and injured in Lebanon. The Halloween celebration next Monday, the Oct. 31 meeting is canceled.

Teacher talks continue

(Continued from Page 1)

was dropping her 13-year-old daughter, Monica, and a friend off at the Middle School. "I really feel like they've given up a lot since Proposition 13."

The picketing came after a similar action by most of Albany's 155 teachers at a school board meeting two weeks ago. Teachers also started wearing tags saying "I support a fair settlement" and "I support Albany teachers" on Monday.

"We have the most cohesive group that I've ever seen as long as I've been in education," ATA president Bill Savage said.

Superintendent Stephen A. Goldstone said that he was not surprised by the teachers' unity. "Teachers in general are frustrated and they have a right to be," he said.

Saying that he also wants a fair settlement and supports Albany teachers, Goldstone said the district is frustrated because it has so little control over its own budget.

Two union negotiators, including Savage, walked out of the latest bargaining session shortly after midnight because of what Savage described as "no movement" in the district's position. "How far can you go?" he asked. "I just got angry."

During the talks the school district increased its salary increase offer for this year from four percent to four percent plus a portion of any unanticipated extra money the district might receive this year.

The ATA's last offer remains either a flat six percent increase or five percent with an identical contingency for additional raises if the district finds more money this year.

But Goldstone said a salary increase beyond four percent might mean a cutback in other district programs. He said any additional increase would cut into the amount of money budgeted for deferred maintenance, emergencies or school supplies.

Each one percent increase in salary for all Albany Unified School District employees translates to approximately \$50,000 in additional costs. In recent years other district employees have received the same salary increases

as teachers.

While the district dropped its proposal to have more flexibility with regard to maximum class size, negotiators did agree to some flexibility in seventh grade class sizes. The flexibility issue had been described by both sides as the most contentious non-monetary issue.

Goldstone said negotiators accepted the district's proposal for a teacher to choose between using money for additional instructional supplies or hiring a teacher's aide when class levels do rise beyond contract-stipulated maximums.

Claiming that employees at the Children's Center have been underpaid in relation to other district teachers, ATA is asking for a salary increase for them of three percent above whatever increases the rest of the district teachers negotiate.

Goldstone said the Children's Center's budget is separate from the rest of the district's budget, with money coming directly from the state. "We don't want to use general fund money for such a salary increase," he said.

According to school officials, the beginning salary for Children's Center employees who have a bachelor's degree is \$8,328 annually for a five-hour day. An elementary school teacher's starting salary, though not directly comparable because of a longer work day and more class preparation, is closer to \$12,000.

The district also wanted to introduce a longer school calendar for the 1984-85 academic year. Education reform legislation passed in Sacramento this summer calls for 180-teaching day calendar next year.

The present calendar and the ATA's proposal for a year call for 178 teaching days and two institute days, pending on if the state will reimburse the district for extra teaching time. The district's proposal calls for a 180-day schedule, also with two institute days.

Teachers and school officials return to the negotiating table for the 10th time early Friday. The teachers union scheduled a meeting either to ratify an agreement or to discuss other action late Friday afternoon.

"I'm encouraged we're going to reach an agreement," Goldstone said. "I think we're very, very close."

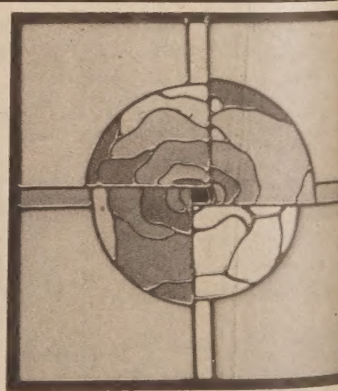
Stained glass work taught in El Cerrito

EL CERRITO — The El Cerrito Community Center is offering a new class in stained glass. Participants will make a stained glass panel in six weeks. No previous experience is necessary.

Techniques covered include design, pattern-making, glass-cutting, leading, soldering and cementing. The "Tiffany" technique of copper-foil will also be demonstrated.

A \$6 tool fee is payable to instructor Janet Hiebert at the first session.

Class begins Wednesday, Oct. 26 and extends through Nov. 30, from 7 to 9 p.m. at the El Cerrito Community Center. For further information call Lois Boyle at 525-6748.



Masquers to audition for Richardson play

Auditions for Richardson's "Dark of the Moon" are set for Monday, Nov. 7 and Tuesday, Nov. 8, at 7:30 p.m. at the Masquers Playhouse, 105 Park Place, Pt. Richmond.

There are roles for 10 men (ages 18-80), one boy (12-18) who plays the guitar, one adult guitarist, and 10 women (ages 18-80). Especially needed is a young man (18-25) with dance experience.

Singing is required for some of the roles. Performances will be Friday and Saturday evening Jan. 27 through March 3. There will also be two Sunday matinees, dates to be announced.

For further information, call director Jama Clark at 897-0376 (evenings).

Orchestra plans casino fundraiser

The Berkeley Community Chorus and Orchestra, a 17-year old institution directed by Eugene Jones, will be sponsoring a casino game night as its first major fundraising event of the 1983-84 concert season. The event will be Friday,

Will you, won't you learn about wills?

On Thursday, November 10, at 1 p.m., the West Berkeley Senior Center will present a will clinic.

The clinic will include a discussion by Patricia DeVries, a Berkeley attorney, who will describe wills in general and will conduct a question and answer period.

Specific issues that will be addressed are: Why would you want a will, what should and should not be included in a will, what kinds of property cannot be bequeathed or devised, and what happens if one dies without a will.

Also, certain related issues will be addressed, such as anatomical gifts, medical directive to physicians, how to name a conservator and using a (durable) power of attorney.

There will be no actual drafting of wills or any other documents at this clinic.

Nov. 4, at the El Cerrito Community Center, 7007 Moerser Lane, from 8 a.m. until midnight.

Games such as blackjack, roulette, the wheel of fortune, and craps will be available and prizes will be awarded to high scoring

participants. A tax-deductible donation of \$15 per ticket is requested. All proceeds benefit the group's tour of England in August, 1984. For further information or to order tickets, please call 524-7803.

It's about time



After nine frustrating years of sponsoring the Albany police department's losing softball team, Finch, owner of Al's Big Burger, finally got results. Here Finch accepts the trophy and gratitude for his patience from Albany police officers John Ford (l. to r.), Jim Harris and Jerry Boehne. The last time the team received a trophy it was for last place.

Chang named to commission

By GORDON RADDUE

EL CERRITO — One of two Planning Commission vacancies was filled last week with the appointment of Leon T. Chang to the seat of Arthur Tam, who recently resigned.

Left open for the time being is the berth occupied by Lewis, six-year commission veteran and twice former chairman who was ousted Oct. 3 for allegedly exceeding the boundaries as a planning commissioner.

Chang was named to serve the remaining three months of Tam's term of office. The expiration date of the other seat is January, 1987.

The council decided to postpone naming a successor to Lewis until after the Nov. 8 election.

Chang is a 15½-year local resident and a former engineer for the Bechtel Co. For the past three years he has owned and operated Terrace Investment Inc. Previous to that, he was employed by Bechtel for 12 years.

Open forum

Wills: doing it right

The Open Forum accepts essays on topics of general or community interest. Send submissions of no more than 750 words — three typed, double-spaced pages — to Editor, Times Journal, 1247 Solano Ave., Albany. This week's column will be by Glenn Alex, an attorney and Albany resident, and his brother Ken, a recent Harvard Law graduate and Oakland resident.

By GLENN and KEN ALEX

Question: I sometimes look in on an old man in failing health who lives down the block. He has no close relatives. When he dies, he wants to give his small account to a cerebral palsy charity where he has volunteered for many years. I told him he needs legal advice, but he refuses to "mess around with a bunch of greedy lawyers." Can he accomplish his aim some other way?

Dear F.E.: California, like many states, allows two major types of wills: formal and holographic. Lawyers usually write formal wills, which by law must meet some very exacting rules. The other type of will, the holographic, may be of use to a neighbor if done correctly. Anyone of sound mind and legal age may write a holographic will, generally without a lawyer or witnesses.

But watch out. Courts usually reject holographs unless they are in the handwriting of the person who dies. (Some courts exist, but why take chances?) This means two things. First, no part of a holographic will should be typed. Courts have invalidated holographic wills even when a particular word was stamped or typed. Second, the entire writing on the document will not be given effect and may invalidate the will. In one case, the court threw out a will where an elderly stroke victim who could no longer write directed her niece to make insertions. The court's reasoning: handwriting rule prevents fraud. Otherwise, a neighbor could easily pen or type in a new recipient for family jewels.

The writer of a holographic will should also include a date, entirely in his or her handwriting. While California courts often accept undated wills, complications can arise and it pays to be prudent. Also, sign the will, preferably at the bottom, to insure validity.

Your neighbor might benefit from one of the many wills which tell non-lawyers how to write their own will.

Question: I know that I can write my own will if I do it right, but how can I make sure the property goes where I want it to go?

Dear L.W.:

It's hard to ensure that your property goes where you want after your death. Self-written wills often don't work as intended, and wills written by lawyers can cost a lot.

Because of the problem, California recently created a "statutory will" — the first in the country. The statutory will is a printed, standardized form intended primarily for adults with spouse and/or children.

If you meet these qualifications and can enter a few names and numbers in the blanks, you can write your will for approximately one dollar — without a lawyer.

Is the statutory will the dream-come-true for the future decedent and the ultimate demise for the future estates lawyer? The will offers several unquestionable advantages: simplicity, low cost, near certainty that courts will enforce its terms in a relatively predictable manner.

But you cannot alter a statutory will form to meet your individual needs. (You could make changes in it by creating a special document called a "codicil" — with or without an attorney. Of course, then you face the situation which led to the creation of the statutory will in the first place.)

California's statutory will allows the writer to leave property to spouse and/or children, and to make a maximum of one cash gift. If you have other ideas, you can't use this will.

Finally, California's statutory will does not minimize taxes applicable at death, because this demands individual design.

The California will does contain a length warning label. For example, it reminds the writer not to allow intended recipients of property to sign the will as witnesses. And to write a new will upon acquiring a new spouse.

In fact, with all its warnings and necessary legal terminology, this simple one-page form may send the will-maker running for a lawyer.

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The Brothers in Law welcome your general-interest questions about the law for possible use in future columns, though they cannot provide individual answers or legal advice. Send to P.O. Box 5142, Albany, 94706.

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Colusa development foes prepare for court battle

By JIM GRODNIK

KENSINGTON — Neighborhood opponents of the Colusa Circle development will soon have their day in court, although they still hope negotiation can avert a court battle.

A suit, filed by the Colusa-Arlington Neighborhood Association (CANA) will be heard on Nov. 17 in Contra Costa Superior Court by Judge David Pesonen.

CANA's suit against Contra Costa County contends that the project, proposed by developer Edward Hammonds, has been given a zoning permit that is unsuitable for the residential neighborhood. CANA's suit also maintains that an environmental impact report should have been required.

Bill Johnston, leader of the neighborhood opposition, said, "We are still trying to negotiate a settlement with the county and with Hammonds."

Earlier negotiations produced nothing. When a CANA committee met with Hammonds on Aug. 12 they asked that the project be scaled down. Hammonds responded by asking for specific recommendations. CANA had none.

Now the committee has a list of proposals that Johnston said include increasing the number of parking spaces, a two-story height limit, and a request for the project to

maintain an "open look, with a green area."

If negotiations are successful, the lawsuit will be dropped.

"The major issue is to get Hammonds to produce a reasonably scaled project," Johnston said.

The neighborhood opposition raised \$1,000 toward court costs at a recent block sale. Johnston said he hopes there will be two more sales this year.

The group has also applied for tax-exempt status from the state. If it is granted, volunteers will solicit contributions door-to-door in the Kensington area.

The proposed project calls for a restaurant/bar with 39 parking spaces, and 30 shops and offices.

Hammonds said no meetings have been scheduled with CANA. "I haven't talked to them. Nothing's changed."

He said his attorneys have been trying to meet with CANA's to resolve the issue. Although CANA spokesmen indicated a desire to meet with Hammonds a month ago, he said he has not heard from them.

He wants the suit settled as soon as possible. "I am anxious to move ahead with the development," he said. "You would think that if they are serious about the suit they'd be anxious to have it heard also."

Albany gets grant to study traffic problems

By EILEEN WALSH

ALBANY — The city has obtained a grant of \$32,500 from the state Office of Traffic and Safety to conduct a traffic-safety study on Marin Avenue, according to Robert Guletz, city director of public works.

The purpose of the study, a joint project of Albany and the city of Berkeley, is to produce recommendations for handling speed and other traffic problems on the busy street on a two-city basis.

"Marin Avenue has always been one of our biggest problems," Guletz said. "A study showed that 80 to 85 percent of drivers go 36 to 37 mph on Marin, but the speed limit is 25 mph. It's a difficult situation because people perceive it as a wide thoroughfare, and they don't realize it's a local street."

UN Day program:

Speakers urge 'one world'

By BETH MENDE

KENSINGTON — More than 100 people gathered at the First Unitarian Church of Berkeley Sunday night to commemorate the anniversary of the founding of the United Nations.

"We come in recognition of the tragedy of Lebanon, the tragedy of El Salvador and the tragedy of Iran," said the Rev. Richard Boeke of the First Unitarian Church in his opening prayer. "We come in whatever way, we can discover to become instruments for peace."

Sponsored by the Unitarians and Baha'is of El Cerrito, a religious group which stresses the unity of god and all people, the United Nations Day program served as a forum for those who believe in the importance of the UN as a world peacekeeper and the need to work towards a world community.

"We are all citizens of the earth," said Dr. Lucille Green, Bay Area chairperson for the World Citizens Assembly. "This planet is our common inheritance and our

only home."

Green was one of several speakers. Others included John Tucker, vice president of the board of trustees of the First Unitarian Church; Mark Chiu, a UC-Berkeley senior and coordinator of its model United Nations Club; and Dr. William Davis, circuit executive of the Ninth Circuit Court of Appeals in San Francisco.

Mayor Jean Siri of El Cerrito was also on hand and used the opportunity to thank Sundar Shadi, former chairman of the El Cerrito UN Day Program, for his 22 years of service to the city. The mayor was accompanied by council member Jim Allen and city council candidate Steve Kirby.

Mayor Gus Newport of Berkeley was scheduled to speak, but was unable to be present.

Addressing the audience, which was flanked by the flags of the 157 member nations of the UN, Davis said that forming organizations or praying for world peace is not enough.

"Our goal should be to reach a high level of civilization, development. Survival is not enough," he said. Towards that end, he urged that others adopt spiritual principles which lead to a higher level of being.

An international musical entertainment program followed the speakers. Included were performances by the UC-Berkeley Chinese Choir from Taiwan, Youssef Mostaghim on Persian violin and Ruth Radcliff, who performed an African dance in full costume.

Singer Debbie Carter, a Bahai, performed several spiritual songs. During her final number, "One People, One Planet, Please," the audience joined in.

County won't clean creeks this winter

Break out the saw and the shovel — Contra Costa Public Works is no longer cleaning out creeks in preparation for winter rains.

"Our budget for cleanup used to be \$350,000," said Mike Walford, chief of public works for the county, at a meeting of the Board of Supervisors. "Now it's \$270,000."

"We're going to use this money to clean out storm drains and road culverts."

In the past, the county, during the summer, removed debris from some creeks that often flooded during the winter. County crews, Walford said, also cut up trees that fell in creek beds.

Now the county is leaving this job to homeowners. Walford warned that when a tree gets caught in a raging stream, "It's quite a problem."

Occasionally the tree will snag on a bridge or another obstacle, catching debris and forming dams, Walford said. If a tree becomes a major obstacle during a flood, public works will try to remove it, he added.

Public works spokesmen for Richmond and San Pablo said city employees would continue to do minor clearing of the creeks.

Meeting to discuss threat to Medicare

The Berkeley Gray Panthers, along with the Alameda County Area Agency on Aging, American Association of Retired Persons, the Congress of California Seniors, the Older Women's League (OWL) and other groups, is sponsoring a forum on proposed cuts in Medicare health benefits.

It will be Saturday, Nov. 5 at the Oakland Veterans' Building at 200 Grand Ave. in Oakland. Registration is between 9-10 a.m. The program is from 10-3 p.m.

There will be low-cost lunches available, and there will be a free van shuttle service from the 19th Street BART Station to the Veterans' Building between 8:45 and 10:45 a.m.

For information call 845-5208.

Meals on Wheels volunteers needed

EL CERRITO — Volunteers are badly needed to serve as back-up drivers for the city's Meals on Wheels program, according to Larry Rosenfeld, assistant supervisor for Senior Services.

Anyone willing to devote two hours on a given day is urged to contact the Senior Services office by phoning 526-6744. The service involves picking up hot meals at Brookside Hospital, delivering them to shut-ins and returned the empty trays to the hospital.

Although no pay is involved, volunteer drivers are compensated for their gasoline expenses.

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Health

The quest of a sedentary reporter:

The pursuit of fitness is a very big business

By EILEEN WALSH

ALBANY — My approach to exercise is simple. I simply don't do any.

I own no leg warmers. Do not jog. A Jane Fonda Workout record has never darkened my turntable. My lone leotard (black, a gift from my mother) is worn only when everything else in the closet is dirty.

So I was at first somewhat intimidated by an assignment to report on the proliferation of physical fitness salons and classes in the Albany-El Cerrito area. Why send on a quest for the perfect gym someone whose words to live by include, "Never stand when you can sit, and never sit when you can lie down?"

Besides, I knew what to expect.

I once had visited one of these bastions of bodybuilding in San Francisco, lending moral support to a friend who sought to enroll. We huddled in the car for half an hour, discouraged by the crowd of burly males who were hanging around the door, commenting on all female passersby.

Once inside, we were ignored for 10 minutes while the trim young woman behind the counter conversed with fellow fitness freaks. This did give us a chance to observe. Rock music. (Loud). Dozens of svelte-looking male and female bodies competing for the Nautilus equipment and each others' attention. The ambience was such that I refused even to take the tour, on the grounds that I was a married woman.

With these memories still fresh, the idea of doing a hard-nosed investigation of the physical fitness game suddenly became appealing. Perhaps I could strike a blow for those of us in the great mass of the not-so-fit. Expose the seamy underside of strained backs and anorexia nervosa.

I pored over the literature. I could "Feel Fit, Feel Fantastic," with the Albany Parks and Recreation Department, or "Move Up to a New Level of Fitness" at the El Cerrito Community Center. Maybe "Spend a Healthy Lunchtime" with the Albany YMCA, or practice "Fitness, Firmness, Flexibility and Fun" in an El Cerrito jazzercise class.

I chose instead the Albany Gym, 1133 Solano Ave. I figured the silhouettes of the brawny male and buxom female on the outside were a clear indication of intent. Inside would be rude receptionists, loud rock, and ogling males. Inside was silence. The Albany Gym was calm, it was quiet, it was, well, empty.

Manager Arlene Tabler emerged from her office to assure me that this was not always the case. She assured me about other things, too. Monday, Wednesday and Friday are women's days. No men allowed. The gym gets a bit crowded in the evenings, but "not uncomfortably so." There is no pressure to "shape up," no frantic exercising.

"All our individual programs combine calisthenics, light weight training, working with weights and resistance machines," Tabler said. "Each woman has an individual program mapped out for her, and after she learns it she follows it on her own."

Women certainly can work on figure problems, she said, but the emphasis is just on general conditioning. Tabler said she would like to add aerobics classes, but the lack of space is prohibitive.

The gym itself looked a bit threatening, packed with equipment that includes freestyle barbells and dumbbells, universal equipment, safety-squat rack, horizontal leg press, bicycles and other weight-resistance machines. And a sauna. I thought it all sounded horrible. Except the sauna.

But Tabler said members set their own pace, and use only the equipment they choose.

"A lot of women are intimidated by the franchise gyms. It's not a mom-and-pop feeling," Tabler said. "Here, if a woman wants to curl up in a corner and sleep after a workout she can, and they do." That sounded O.K.

Tabler said the gym is open from 9:30 a.m. to 9 p.m., and she rarely advertises because most of her clients come through word-of-mouth. She offers special rates for fami-

lies, students and seniors.

Escorting me out of the silent gym, Tabler said she's been in the fitness business 17 years, and one of her primary goals is to make the gym a "good, comfortable atmosphere" for women.

All right, so maybe there was one place that provided a comfortable, supportive atmosphere for women. The exception, no doubt. On to Sante Fitness Center for Women, 847 San Pablo Avenue.

A slim blond woman at the desk. A bad sign. But she was nice, handed me literature describing aerobics and stretch classes, individual programs, massage, weight training, and body composition assessments. Classes available for beginning, intermediate and advanced. Open 7 a.m. to 9 p.m. weekdays, except Friday. Shorter weekend hours.

Rock music in the background, but muted. Inside the gym, done in shades of blue, a dozen or so women in various outfits; not a leg warmer in sight. Women wandered around the room doing whatever seemed right — lap and leg pulleys, leg extension machine, bench press, squat rack, bicycles, mini-trampolines. They seemed, incredibly, to be enjoying themselves.

Marcy Burwen, a part-time receptionist and full-time Sante enthusiast, offered an endorsement. "This is not like a figure salon at all," she said. "I've been a member two years and I've learned so much. There's no pressure to be thin. You don't have to worry how you look, and you can wear whatever you want. At those co-ed salons, I wouldn't even want to go in."

Leslie Lupinsky, who founded Sante three years ago, said that was the idea. "I wasn't interested in a figure salon that tells women what their waistline should be, or that they should have a bigger bust. We want women to take themselves as they are. They may have big shoulders or thighs, but they're also great the way they are, and can have personal fitness goals."

In the last two years, Sante has attracted nearly 500 members, she said, indicating the need for that kind of atmosphere. It's unfortunate, she said, that the "dating atmosphere" of so many centers have given fitness a bad reputation.

"People here," said Burwen, "are always so supportive and encouraging."

Contrary to rumor, that seems to be the case at most of the fitness classes in the Albany-El Cerrito area. Body Images on San Pablo, which holds co-ed aerobic exercise classes at various times throughout the day, even offers child care.

And the classes are everywhere. El Cerrito Community Center offers "Streamliners," an aerobic workout, several times a day, along with "Bodyworks," a dance exercise program, a morning S-T-R-E-T-C-H class, a jazz-dance fitness course, and even bellydancing.

At the Albany YMCA, it's "Dancercise," a mildly choreographed dance class; the noontime workout; and a stretch class for seniors that even includes learning how to use weights. The Y's mom-and-babes class, in which the mothers use the children as weights, closed for lack of enrollment, said Martha Cochrane, but would be resumed if there were enough interest.

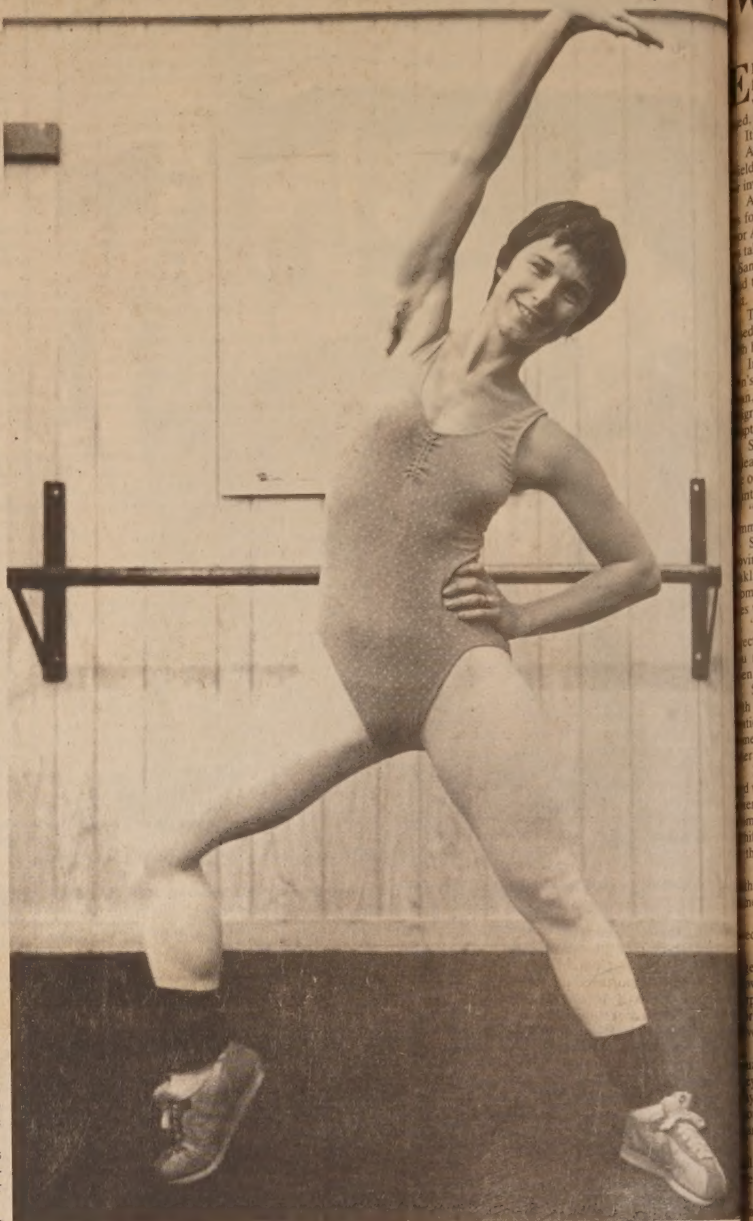
Freelancers provide classes in both cities, under the name of "Energetics," 932-8040.

A Gloria Marshall salon in El Cerrito apparently bucked the conditioning trend, and now has a "for lease" sign in the window.

Even Albany Adult School offers two mild exercise classes, and a physical conditioning program, which fills up in a hurry. El Cerrito Adult School has no classes at the moment.

So whether it's dance classes, more stringent aerobics workouts, or the full gym routine, it seems that we're surrounded by fitness, and some of it may even be good for us.

Faced with the pressure of a closet full of no-longer-quite-ample size 7's, I even may have to take a stand. But I'd still rather sit. Or better yet, lie down.



Ellen Searle teaches aerobics and stretching exercises at Sante Fitness Center

Anniversary tea honors local women

ALBANY — On Sept. 23, a 75th anniversary tea was held at the First Baptist Church of Albany in honor of women (past and present) in Albany's history.

On display were old family photographs, and many of the guests were turn-of-the-century style hats.

Among the guests were Elizabeth Harrington, granddaughter of Edward Gill; Leona Stanley Bluth; Rose Glavinovich, daughter of the city's first police chief; and Mayor Ruth Ganong. Pouring tea were Pat Barassi Anderson, Carol Bielski, Odessa Shavers and Grace Chiarantano.

Entertainment was provided by Mary Hartwig, who read poetry; piano duets by Marjorie Thomas and Barbara Wilmoth; vocal solos by Alyce Berndt, who also introduced the program, and Fran Nottingham; and a discussion of the city's history by Catherine Webb.

Cookies were provided by members of the church.

Stroll committee to stress beautification

A Solano Stroll review meeting will be held on Thursday, Oct. 27, at 6 p.m. at Sumitomo Bank, Solano and Santa Fe, in Albany.

The meeting is open to all members of the Solano Avenue Association as well as others interested in the activities of the association or in the Solano Stroll.

Stroll directories are available at Michael's Liquors, 1495 Solano Ave., as are Stroll t-shirts and posters. Posters are \$3; t-shirts are \$7, limited sizes and quantities.

The purpose of the association is to promote and protect the interests of residential and commercial members of the community. A committee is being formed to work with Berkeley and Albany towards street beautification, particularly regarding litter and landscaping.

For further information, call Carol Walker at 526-0151.

Workshops offered in hypnosis, family

KENSINGTON — A workshop on improving communication between parents and teens is offered by Elizabeth Evans, M.S., a psychotherapist in private practice in Berkeley and an instructor of communication classes at Albany Adult School.

For information call 525-5868. There will be four meetings, Tuesdays, Nov. 1, 8, 15 and 22 from 4 to 5:30 p.m. The cost is \$40 per person.

Evans also teaches self hypnosis, which has been used to reduce anxiety, and to treat sexual disorders and psychosomatic illnesses.

The workshop is on Thursdays, Nov. 3, 10, and 17 from 7 to 8:30 p.m. Cost is \$35. Both workshops will be held at the Kensington Recreation Department, 59 Arlington Blvd.

BART fingerprinting kids

Police of the Bay Area Rapid Transit District have begun an "Ident-a-Kid" program that offers free fingerprinting of children.

The first day of fingerprinting was offered at BART's North Berkeley station. It will take place at other stations on subsequent Saturdays.

"Ident-a-Kid" is designed to provide parents with a record for identification purposes in situations involving a lost or runaway child or a child who is a crime victim.

BART said the prints will not be retained by the police department. They will be the sole property of the parents.

Learning about the law

Class at Open House

By JIM GRODNIK

EL CERRITO — Since what you don't know about the law can hurt you, a free six-part class, "Law for the Layperson," beginning Nov. 2 at the Open House, may be one of the best deals around.

Although the class is being held at a senior center, and most of the people who attend are over 50, the subject of the class, legal aspects of financial planning in later years, is useful information for all ages, according to Terrance Murray, 34, one of two Albany attorneys who teach the class.

"Our class is just as applicable to the 30-year old as the 70-year old," he said.

Along with Elaine Olson, with whom he began teaching the class five years ago, Murray lectures and answers questions on probate — "a four-letter word to many people" — and now to avoid it, trusts, wills, conservatorships, taxes related to death and estate planning.

When the two gave their first presentation, the turnout was a disappointing 10 people. Now classes of up to 110 strain the capacity of the Open House.

For Murray, who was born and raised in El Cerrito, graduated from Cal State Hayward, and received his law degree from the University of San Francisco, the class is a labor of love.

"Five years ago, the concept was it was going to get business. We learned that doesn't work," Murray said. Instead he gets satisfaction seeing the same people return year after year to keep abreast of constantly changing tax laws.

Murray puts in about 27 hours of teaching and preparation for each six-week sessions. In addition, most of the classes run at least an hour over the allotted time, as people fire questions at the instructors.

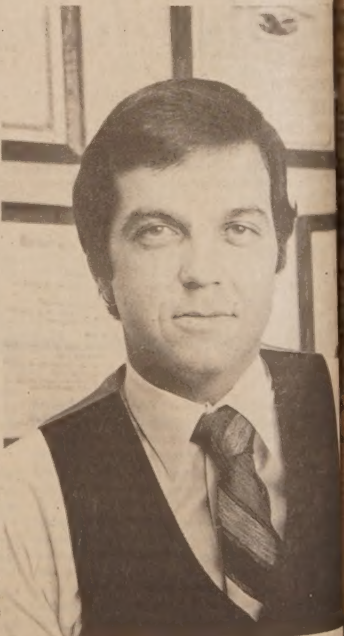
He said many people are apprehensive about seeing attorneys. "They fear a system they don't understand," Murray said.

But in a class there is safety in numbers. "As soon as someone asks a questions you can see people nodding. They thought they were the only one that had the question," said Murray.

Commonly asked questions concern the cost of making wills, inheritance taxes (eliminated this year), safe deposit boxes and questions dealing with specific money and property, usually asked on behalf of "a friend."

"After every session we get people who ask how to take care of their pets in their will," Murray said. "I also get asked how old I am. They think I'm about 17, too young to be doing this."

Although most of those who attend the class are not



Terrance Murray

wealthy, Murray has had a few surprises. In a Contra Costa College he was asked by a shabbily dressed woman about the tax consequences of an oil well that produced \$375,000 a year. "It turned out she owned one," said.

"Law for the Lay Person" will be held in six Wednesday afternoon sessions from 2-3:30 p.m. Classes are from 2 to Dec. 14 at the Open House, 6500 Stockton Ave., behind the public library. For information, call 526-0151.



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Times Journal / features

This El Cerrito activist works for poor, elderly

By CHARLES PELTON

EL CERRITO — Beatrice C. Schiffman not in the least surprised that over 40 years of her life was devoted to improving the lives of society's underprivileged.

It's in her blood. And, even though "Bea" Schiffman retired last year as a representative for the National Council on Aging, her involvement with social causes continues unabated.

An El Cerrito resident for 41 years, Schiffman's work has focused on helping the older American, helping the poor American and promoting volunteer action. Her work has taken her from the Hopi Indian reservation in Arizona to San Francisco's Chinatown, from the needs of the Jewish community to the victims of forced eviction in the Fillmore district.

The 69-year-old activist, born in Plainfield, N.J. and raised in Brooklyn, traces her humanitarian world view to her parents and her grandparents.

In New York at the end of the last century, Schiffman's paternal grandfather started the first Hebrew Free Loan Society, a program of interest-free financial assistance for immigrants who wanted to start a business of their own in their adopted country.

Schiffman's grandmother started the Daughters of Zion. Located in the Bronx, the organization now runs one of the largest geriatric and rehabilitation centers in the city.

"My parents always taught me that investment in the community was my responsibility," she recalls.

Schiffman's work began in 1939, three years after coming to the Bay Area with her husband, Milton. An island meeting of the National Council of Jewish Women alerted her to the plight of German-Jewish refugees who were escaping Nazi persecution.

"I can't give you money," she told the executive director of the Jewish Welfare Federation, "but I can give you time." Since that time Schiffman's philanthropy has been measured in time, not dollars.

Schiffman's work with refugees and other projects led to the Jewish Family Service Agency attracted the attention of Dr. Lillian J. Martin, a psychologist who opened one of the first child guidance clinics in the country and applied her teaching methods to older people.

Martin, who had worked with both Freud and Jung, was writing a book called "Creative Old Age," was 90 when Schiffman met her. Martin trained the younger woman in her techniques. This was the beginning of what Schiffman calls her mental health approach to the problems of the elderly.

Describing the difficulty many people have dealing with seniors, Schiffman says simply that "people are the people they always were; they just get older."

"The most important insight from Martin was (the need for seniors to have) a near goal and a far goal."

Later, tasks with both the Jewish Family Service Agency and the National Council of Jewish Women led Schiffman to the importance of developing a strong group of volunteers. By 1942, she had herself switched from full-time to volunteer positions so that she could devote herself to her children.

Schiffman and the women who worked with her would eventually move on to a senior-oriented project for a year; then they would move on. They always worked for free and always with the understanding that if things worked out, the sponsoring agency would hire someone to keep the program running.

"If someone asked me to open a 'golden age club,' I'd tell them 'I'm not going to waste my time on recreation,'" she said.

In 1957, when she was ready to start working full-time again, the National Council of Churches hired Schiffman to coordinate Christian denominations what she had already done for various Jewish organizations — establish senior centers.

"I would go into a church and say simply that I will extend your arms and legs," she said. Schiffman also used church volunteers.

After 10 years, Schiffman estimates she was responsible for starting 14 senior centers affiliated with five different denominations. She worked in San Francisco's Chinatown, the Fillmore district and south of Market Street, always with people who had traditionally eluded outreach by most social service agencies.

"There are a great many older people who are very lonely," Schiffman said. "They often have been hurt from the time they are young."

The poor elderly became the focus of Schiffman's work. "I believe the welfare dollar is so short that we don't have the right to spend it except for those in the most need," she said.

In 1966 Schiffman administered a \$128,000 grant from the United Methodist Church in Chinatown to help the problems of malnutrition and unhappiness of the bedridden, elderly Chinese. She found that many seniors simply did not like the way many white attendants cleaned or cooked for them.

She solved the problem by hiring a Chinese cook to prepare the Meals on Wheels dishes which were delivered to the bedridden of Chinatown and North Beach. The cook used different spices, different cuts of meat and either rice, potatoes or pasta, depending upon whether the client was Chinese, Filipino or Italian.

Schiffman became concerned not about older people's welfare, but "all those underneath" who have fallen through social safety nets. "There's no reason for older people to be poor," she said.

There are two kinds of elderly poor, Schiffman believes, the poor who have become old and older people

who have become poor. In Schiffman's view the first group is most in need of assistance because its members often don't know what they are entitled to. The second group, older adults who have become poor, follow a national trend in income loss as people become older.

Schiffman says that three events each cut income in half — retirement, the loss of a spouse and reaching the age of 65. A widowed, retired man or woman over 65 may only have one-eighth the income of people not in these categories.

Schiffman's last job was with the National Council on Aging through the Office of Economic Opportunity (later the Office of Community Services). She was hired to work on an outreach project, targeting the elderly poor, called FIND, an acronym for Friendless Isolated Needy Dependent.

Her job, which began in 1967, took her from agricultural fields with migrant workers near Santa Cruz to the Indian reservations of the Four Corners region in Arizona. Initially she covered seven western states, concentrating on the needs of hard-to-reach blacks, native Americans, Chinese and Mexican-Americans.

Schiffman's experience has given her very definite ideas about how to reach the most needy. "What does every community need?" she asked. "Not a proliferation of different kinds of programs, (but) staff on the streets. Being on the streets is the key!"

Shortly after President Reagan took office, funds for the Office of Community Services were drastically cut. "I felt I couldn't do the job I had been doing half-time," she says.

So, for the second time, Schiffman retired. Saying that it is important to have these years at home, Schiffman is "having a lot of fun" being with her husband. "I could not have done it without the kind of support that he gave me," she said.

But not working for money does not prevent Schiffman from doing volunteer work. She serves on four citizen/senior groups, including the El Cerrito Committee on Aging.



Beatrice Schiffman has devoted a lifetime to working for others

Times Journal photo by Karen Preuss

Elections '83

Few issues in county education race

By DON McCORMACK

On Nov. 8 voters in Richmond, Kensington and El Cerrito will choose between two relatively unknown men running for an equally unknown but nevertheless important office.

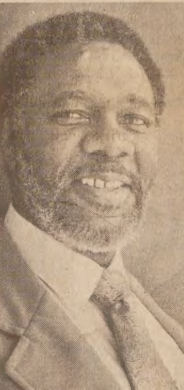
The men are Billie Alexander of Richmond and Ned Clyde of Kensington, the incumbent. The office is Contra Costa Board of Education, policy-setter for the county Department of Education.

The position is important because the board oversees the instruction and day care of severely handicapped children.

These are children who, in many instances, need help in personal hygiene, who have to be propped up and pushed and carried, who have to be spoken to in gentle, simple words. Because they cannot take care of themselves, they depend upon parents, relatives and neighbors — the people of the county — to do so.

The board also, through its Regional Occupational Program, supervises the education of many persons over age 16 who wish to learn a trade: typing, computing, mechanics, refinery operations.

The board receives little publicity because severely handicapped children number not in the thousands but in the hundreds. The department of education cares for 605,



Billie Alexander



Ned Clyde

of whom 117 come from West County.

Many local school districts run programs for the mildly handicapped, blurring public perception of what agency does what for the handicapped. Similarly, almost every school district runs a vocational program. The board's ROP program often complements — and gets overshadowed by — these efforts.

Lastly, the board's executive officer, the county Superintendent of Schools, is directly elected and enjoys equal if not greater powers than the board. The last superintendent, Richard LaPointe, tried to run roughshod over the board, according to his critics, and in a bitter campaign was ousted by voters.

New superintendent Ron Stewart has worked harmoniously with the board but the question of who runs the 470-employee county Department of Education remains a muddle.

"I have always felt that everyone owes something to society and should contribute," says Clyde, who was first elected four years ago.

An engineer, founder of several businesses and now president of his own soils-engineering and contracting firm, Clyde, 62, underscores his administrative experience.

"I am very careful of the fiscal conditions. I advocate using every tax dollar possible for the benefit of students."

As to the district's finances, "the fat has been cut,"

Clyde says. "We need to add money for more and better facilities for the handicapped."

"I believe," he continues, "each and every child in our county has the right to: read and write well, education free of violence, education that improves test scores, education that encourages attendance not absenteeism, education that has public support and confidence, education that spends tax monies intelligently, education that considers the child first."

Clyde and his wife Shirlee have three grown children, graduates of the Richmond Unified School District. He has worked with children through the Boy Scouts, Sunday school and youth sports.

Long active in the Richmond Unified School District, Alexander, 50, is vice chairman of a committee that advises the district on how to educate students from low-income homes.

He ran for the board of education four years ago but lost to Clyde 5,824 to 3,245.

"Clyde is like an absentee landlord," Alexander says, accusing the incumbent of failing to visit schools and talk to parents.

"When I talk to people the first thing they ask is, who is the guy in there now," continues Alexander. "If he has done anything, it is a secret."

Clyde says that he has visited the schools and says he is always available to anyone who has a problem.

Both men agree that a pay increase (22 percent, to \$65,000) recently granted Superintendent Stewart was justified. A quality salary is necessary to attract a quality educator, says Alexander.

If elected, Alexander says that he would hold meetings in the West County to inform people about the department's activities, and that he would try to get money to install access ramps at Pinole Junior High, which has programs for the handicapped.

He also said he would work closely with the Richmond Unified School District to see if it could run some handicapped programs more economically.

"I promise to attend all committee meetings and do my share of committee work," he said, "and will work diligently to seek proper fundings for our schools without further burdens to the taxpayer."

Alexander, a disabled Korean War veteran, and his wife, Barbara, who is also active in Richmond Unified affairs, have eight children, graduates of or now attending Richmond district schools.

Strictly political

Hear the schools candidates

The League of Women Voters and local PTA groups will hold candidates' nights at elementary and secondary schools in coming weeks to highlight the Richmond Unified school board campaign.

The five contenders for two board seats will appear at the following forums: Thursday, Oct. 27, 7:30 p.m., Ohlone School multi-purpose room, 1616 Pheasant Dr., Hercules; and Tuesday, Nov. 1, 7:30 p.m., Pinole Valley High School library, 2900 Pinole Valley Rd., Pinole.

Louise Vogelsberg, Richmond-area president of the League of Women Voters, said the candidates will each be allowed a three-minute opening statement, a two-minute rebuttal after everyone has spoken, and a two-minute closing statement after a question and answer session with the audience.

The Richmond Unified candidates include Katherine Lord, current board president; George Cantu, her running mate; Ionia Marie White; George Dabney; and Michael Hembree. The two candidates for Area 1 on the county board are incumbent Ned Clyde and his challenger, Billie Alexander. Both groups of candidates will appear on the Nov. 8 ballot.

Board endorsements

School board running mates George Cantu and Katherine Lord have won the endorsement of United Teachers of Richmond and Public Employees Union Local 1 for the Nov. 8 Richmond Unified race.

United Teachers represents 1,300 teachers, counselors, librarians, and psychologists in the schools. Local 1 represents about 1,000 teaching assistants, custodians, maintenance workers and cafeteria personnel.

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NOTICE OF PUBLIC HEARINGS

The City of El Cerrito

The Design Review Board will hold a Public Hearing on Tuesday, October 25, 1983, at 7:45 p.m. to consider the following item:

1. Incentives program application to construct a 3 story office building with less than the required street side setbacks. 11090 San Pablo Avenue.

The Planning Commission will hold a Public Hearing on Wednesday, November 2, 1983, at 8 p.m. to consider the following items:

1. Initial Environmental Assessment and rezoning application to modify existing single family residential (R-1) zone to a planned residential (R-1-PD) zone. 7120 Cutting Boulevard at Arlington Boulevard. (Joaquin Murietta Rock).
2. Use permit to operate a child day care center with 24 children within an existing church in a single family residential district. St. Patrick's Episcopal Church, 1534 Everett.
3. Use permit to operate a cocktail lounge. 11882 San Pablo Avenue.
4. Use permit to operate a cocktail lounge. 10740 San Pablo Avenue.
5. Zoning Ordinance amendment to modify off-street parking requirement for residential and commercial projects. Citywide.

These meetings will be held in the Council Chambers, El Cerrito City Hall, 10890 San Pablo Avenue.
For More Information Call 235-4310

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New service office gives veterans' advice

ALBANY — The American Legion-Albany Post 292 recently opened a veteran's service office in the Veterans Memorial building, 1325 Portland Ave.

The office will be open on Monday and Wednesday from 10 a.m. to 1 p.m. Telephone Art Carlson, 526-0112, for appointments other times.

The services will be provided at no cost to the veteran, spouse or dependent children. The service will assist veterans in applying for federal and state benefits.

The veteran does not have to be a member of the American Legion or any other veteran service organization to be eligible for assistance.

The office will be manned by Art Carlson, past commander of Albany Post 292. He is a World War II veteran, in the Marine Corps, and received a Purple Heart and Bronze Star Combat "V".

Times Journal / features

A home-builder looks back at a constructive life

By JIM GRODNIK

EL CERRITO — Reuel Watson has five months to live, yet he is relaxed and unafraid.

This peace of mind came to him during a five-hour operation last year, when Watson felt his mind leave his body. "I went over to the other side," he said.

"The peace was indescribable," he said. "I still have that peace."

This is no long-haired mystic speaking, but a serious and responsible businessman, the first president of the El Cerrito Chamber of Commerce, and one of the city's early builders. Along with other local businessmen, Watson

improving the city. "We felt that El Cerrito was too nice a town to let gambling and racketeering elements take over."

Along with his brother Elwood, Watson built two houses on Albemarle Street. Both houses sold before they were completed. Watson took a \$10 deposit while one of the houses was under construction and a new Lafayette automobile as the down payment on the \$6,250 purchase price.

Over the years he has taken everything from cash to a new Harley Davidson motorcycle as a down payment.

Sometimes Watson financed the houses himself, and he was always paid back. "Out of sales in the millions I never lost a dime," he said.

Watson Brothers Construction built 189 Fairview Terrace homes near the Mira Vista Country Club in 1948. They sold for \$10,000 to \$18,000. Another Watson project, Tara Hills near San Pablo, saw 120 homes built.

During the prosperous years of World War II, Watson was offered bribes and kickbacks, he said. He was once offered a government contract if he would give 10 percent of the profits to a political party (he asked that it not be named). He refused, saying, "I hope I never get that hungry."

He stood behind his homes. If a buyer had complaints Watson was willing to refund the money. The offer was never accepted. "One thing I couldn't afford to do was make an enemy," he said.

"The main thing I'm proud of in business is that I've never been sued and I've never had to sue," he said.

He worked 11 hours a day, six days a week. "I don't regret any of it," he said. Now he waits. "I know where I'm going," he said.

"I never knew I had so many friends," Watson said. "The last two years have been the best of my life."

helped drive out the gambling interests and mold El Cerrito's image as the "city of homes."

After building more than 400 homes, Watson is now putting his own house in order as he waits with equanimity for his death. The most optimistic of his three doctors has given him five months before he succumbs to liver cancer.

Two years ago, he learned that his illness was terminal. Since then, he has been receiving calls and letters daily from people who wish him well. Some he hasn't seen in more than 20 years.

"I never knew I had so many friends," Watson said. "The last two years have been the best of my life."

He sat with his wife, Winifred in the kitchen of their Rossmore home and described how he felt during his operation.

"I was out in space, in a capsule shaped like a big jellybean." He felt that his body had disappeared from the waist down. Outside the capsule was the darkness of space. He was overcome with a feeling of tranquility that has never left him.

Watson's thoughts are clear. His mind is at ease. "I didn't know it was possible to get so much crud out of my mind," he said.

"I don't fear death, I'm anticipating it."

Winifred Watson, his wife of 44 years, said, "I knew something had happened. Even with tubes and wires coming out of him he had this kind of peace," she said.

Watson was born in Berkeley, and at age 11 was selling the Berkeley Gazette, the San Francisco News, and the Call Bulletin at the corner of Dwight and Ellsworth before going to school.

In 1934, he opened a grocery store on Stockton Avenue in El Cerrito. The city's main industries then were its casinos and dog track. "At that time it was really out in the sticks," he said.

Watson was one of group of 15 men who met at the Mira Vista Country Club in the late 30's to plan strategy for

Church group slates annual fall bazaar

ALBANY — The annual fall bazaar, sponsored by the United Methodist Women of the Albany United Methodist Church, will be held Saturday, Oct. 29, from 10 a.m. to 2 p.m.

The church is located at 980 Stannage Ave. Admission is free.

Home-made pies, cakes, cookies, jellies, breads, candy, needlework, handcrafts, Christmas decorations and plants will be for sale.

A hot luncheon with salad bar will be served from 11:30 a.m. to 1:00 p.m. Luncheon for adults is \$3.50 and \$2 for children under 12.

Anita Dean is general chairwoman of the event. Ella Joyce and Maryellen Wrede will assist with the luncheon and decorations. Lillian Irwin and the quilts will be in charge of needlework and handcrafts; Inez LeGate, Gladys Miller and Helen Kronick, bakery; Mary Latimer, plants; Bobbie Freeman, waitresses and Nina Hazelton, luncheon tickets.



Reuel Watson and his brother helped make El Cerrito the city of homes

Times Journal photo by Karen Prouss

Coming up

Community concert opens 34th season

The Berkeley Community Concert Association begins its 34th season by presenting the Constanza Orchestra of Romania, famed for its large stringed section. The orchestra features flutist Gheorghe Marcovici making his North American debut.

This first concert in a series of four will be held at Berkeley Community Theater Auditorium on Wednesday, Nov. 2 at 8:15 p.m. Members may invite guests. Members of Oakland, San Jose, and Los Gatos Community Concert Associations may attend with their cards.

Non-members may obtain ticket information by calling 525-2613 or 848-5586.

Remaining concerts are: Manhattan Rhythm Kings, instrumentalists & vocals, Sunday, Jan. 29 at 2:30 p.m.; Keith and Rusty McNeil, folk singers, Monday, Feb. 20 at 8:15 p.m. and the Singing Boys of Pennsylvania on Sunday, March 11, at 2:30 p.m.

Hospital guild plans holiday fund raiser

THOUSAND OAKS — The Arch of Emeralds, volunteer organization of Herrick Hospital and Health Center in Berkeley, will hold its annual holiday bazaar and luncheon on Friday, Nov. 4, at the Northbrae Community Church, 941 El Alameda, Berkeley. Admission is free.

The bazaar, starting at 11 a.m., will feature a wide assortment of hand-made gifts, baked goods, flower arrangements, food baskets and other items suitable for holiday gift-giving. The event also will include entertainment and door prizes.

Luncheon tickets are by reservation only and may be purchased at \$6 each. Proceeds from sales will benefit specific programs or help underwrite medical equipment purchased at the Berkeley health facility.

Lunch reservations and additional information may be had by calling the Herrick Hospital and Health Center Volunteer Office at 540-4456.

Relax and learn to reduce your stress

EL CERRITO — The El Cerrito Community Center offers a class in defining and releasing muscle tension and stress.

It involves postural alignment, deep relaxation methods, and guided visualization techniques.

The instructor, Kenn Chase, has an M.A. in philosophy, and is co-founder and director of the Light Body cardiac rehabilitation program in Napa.

The six-week session is on Tuesdays from 8:30 a.m. Cost is \$22 for residents and \$25 for non-residents.

Double exposure



Albany Adult School's art workshop meets on Thursday. Pictured (l.-r.) are teacher Carol Montgomery, tuba player Fred Weist, and Bob Walen. For more information, call 526-6811.

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Susan Hager, M.A., Director (p) Berkeley

Counties get tax money

State Controller Kenneth Cory announced the apportionment among counties, cities and school districts of \$1,425,173 in trailer coach license fees collected during the month of September.

Alameda County's share was \$43,182. Contra Costa County's share was \$37,718.

The Vehicle License Law provides that the license fees paid on all trailers and coaches registered in California be apportioned monthly to the counties.

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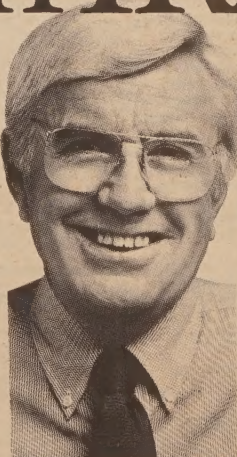
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Environment

New ice age is coming, say these weather watchers

By CHARLES PELTON

THOUSAND OAKS — A new ice age was the last thing on the minds of most Bay Area residents this summer, as most people enjoyed many days of unusually warm weather, free of the bay's typical, chilling

But one local man sees recent weather patterns around the world as just one more sign of instability leading to a new onslaught of glaciers from the earth's poles and mountains.

Alden Bryant, president of the Earth Regeneration Society, is afraid that we are hastening the arrival of the next ice age as a result of coal and oil burning, the depletion of minerals in the earth's soils and rapid deforestation.

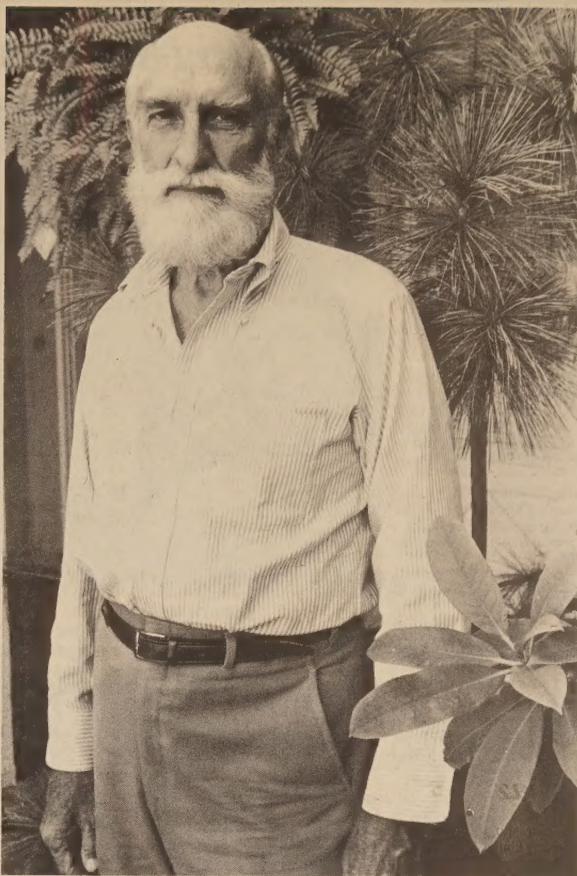
Bryant, an economist and environmental activist who founded the Thousand Oaks-based organization three years ago, points to increases in the amount of carbon dioxide in the atmosphere since 1890, estimated by some scientists to be over 18 percent and growing every year. He believes these increases accelerate the kinds of changes in weather conditions that precede the beginning of a new ice

The society, which has about 25 members, believes that immediate action by all countries to halt the growth in carbon dioxide levels is the only chance the human race has to survive. Reforestation and the replenishing of the soil's minerals should begin immediately, members believe.

Bryant, 60, with a full white beard and smiling blue eyes, is just as quick to show off the medals he won at the Northern California Senior Olympics as he is to discuss measurements of carbon dioxide expressed in parts per million. Bryant is no beacon of the apocalypse, but he fears that both modern governments and many scientists do not even recognize the problem, let alone try to do something about it.

"I figure we've got very few years left," he said, "and I happen to be in the middle of all this."

In 1981 Bryant left a job as director of the Crossroads



Alden Bryant, of the Earth Regeneration Society, is worried about the weather.

Community in San Francisco's Mission District, to work on the carbon dioxide problem full-time. Trained as an engi-

neer, Bryant also worked with anti-poverty programs. In recent years Bryant has served on Berkeley's energy

commission, chaired the environmental committee of the California Democratic Council and served on the board of directors of the Northern California Solar Energy Association and Solar Energy Industries Association.

Recently he was one of 3,200 delegates who attended the World Assembly for Peace and Life in Prague, where he shared his concern about changes in carbon dioxide levels with people from capitalist, socialist and third world countries.

In spite of the global aspects of the problem, ERS is focusing its efforts in the United States, hoping that action here will result in similar attention in other countries. Brazil, Indonesia, Malaysia and the Philippines, countries rich in forest products, are in some of the areas which need a reforestation policy, Bryant believes.

The group has sent letters of warning to various legislators and politicians, and is planning a media blitz in coming months. The group will be asking for emergency hearings in Congress as well as legislation to implement their goals.

"We are a small catalyst and expect to be replaced by other organizations," Bryant said.

It is the view of Bryant, the ERS and many other scientists that the burning of fossil fuels and the rapid felling of the world's forests rob carbon from the earth, placing it in the atmosphere instead. The rapid increase in carbon dioxide levels changes weather patterns, they believe, because there is more carbon in the air to absorb the sun's heat.

Bryant points to parts of northern Canada, the U.S.S.R. and passes in California's Sierra Nevada as places which have borne the brunt of weather changes. In recent years, he says, instead of melting, snow is staying on the ground all year. Bryant also points to record cold spells in formerly tropical areas like Florida.

"Man can do what glaciers did before," Bryant said. "Humans need to remineralize the earth through technical means to preserve our existence on the earth."

Bryant's biggest fear is that changes in the weather will cause damage to crops and drought which will, in turn, lead to famine, war and social upheaval long before the ice actually comes.

He sees three strategies to halt the increase in atmospheric carbon levels and an impending ice age: 1) a massive program of reforestation to capture atmospheric carbon, 2) remineralization of the earth through the use of large rock grinders, and 3) a renewed emphasis on alternative energy sources such as solar and wind power and alcohol fuel for power plants.

Bryant believes that a massive shift in economic resources away from conventional utilities and the military could fund the effort.

For more information about the Earth Regeneration Society write to 470 Vassar Ave., Berkeley, 94708.

BART will (someday) grow in West County

By NORMAN COLBY

A 17.6-mile extension of the BART system into West County has been approved by transit officials, although it will be at least 15 years before the route is

Nevertheless, BART officials ended months of delay by endorsing the extension, which would begin at Richmond and end at Highway 4 in Hercules.

A report completed just before the vote predicted just 15,000 one-way passengers per day on the route, of 15 originally projected.

Of the prospects for actual construction of the extension, Director Nello Macco of Richmond said he is "optimistic that there will be more federal funds for future purchase of the extension and way and station in the Bay Area."

"We should be ready

Net ranking for C. Wei

EL CERRITO — In rankings just released by the Northern California Tennis Association, Carolyn Wei of El Cerrito has been ranked 24th in the category girls' singles, 16 and under.

Those who are ranked are played in five or more tournaments in 1983, and in the top five percent of tournament players, according to Peter Herb, spokesman for the Northern California Tennis Association.

Pvt. Furco exercises

Marine Pfc. Michael J. Furco, son of Cathy Arango of Albany, recently participated in exercise Medix 83-5" off the coast of Southern California.

Furco is a member of 9th Marine, 1st Marine Division, Camp Pendleton,

with our planning whenever the situation favors the west county."

The adopted route involves \$337 million in costs involved in purchasing rights of way and station sites and construction of four stations and the rails.

The route starts at the Richmond BART station, follows Santa Fe right-of-way and turns towards San Pablo, becoming aerial along Rumrill Boulevard. It enters a station near Contra Costa College, climbs at ground level to another station at Hilltop, and then parallels Interstate 80 on its way to stations in Pinole and Hercules.

The other stations would be located along the freeway, in Pinole near Appian Way and in Hercules near Highway 4.

Cy Moubert of the BART public relations staff commented that the West County extension will be funded only after money goes for extensions of the Concord, Fremont and San Francisco lines.

He said the West County selection provides BART staff with a policy necessary to future funding efforts.

The second-choice route, a bit longer but less expensive, is similar to the chosen route except that one of the stations would be more remote from downtown San Pablo.

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Lacking vitality?

I'm writing to say I enjoyed Jim Grodnik's column and especially like his rare insights into Albany life that are missing in the rest of the Times Journal.

Since running the Public Notice in the July 13 edition of the Times Journal regarding making Albany a nuclear-free zone I've looked for, but have yet to find, a journalistic vitality that meets the standard needed to address the implications of the nuclear-free zone issue.

For the third time in three months, a different TJ writer has called me up to find out what the issues regarding the Albany nuclear-free zone initiative are. It is always unclear why the preceding reporter was replaced; it is clear, however, that the new reporter was not briefed on the issue.

As someone who not only reads the news but interprets it intelligently I think you can understand my dilemma. The Albany nuclear-free zone initiative is a story of

international impact. If and when the voters of Albany pass this city ordinance on April 10, 1984, Albany will be the first city in the world to formally divest itself of investments in the nuclear industry.

I need not tell you the far reaching implications of this action. If other cities in America followed Albany's lead in this historic approach to nuclear weaponry it is only a matter of time before the financial support for these corporations dries up and thus will lead them to move on to other products in order to survive.

The "Welcome to Albany" city limit sign on Solano will have the words "Nuclear-Free Zone" in letters of the same size if the ordinance passes and will give a very unique quality to one and all who enter these city limits. It will tell the world that the spirit of 1908 that guided a band of armed women to blockade the Berkeley garbage wagon is still alive. It will tell the world that Albany does not live in the shadow of Berkeley, San Francisco, or any other city, for that matter. It will tell the world that three out of four Albany voters do not want nuclear weapons and we refuse to invest in their production!

Best wishes,
Joe Kempkes
Albany

After school care available in Albany

ALBANY — Parents interested in an after school program at the Albany Community Center, 1123-8th Street in University Village may sign up at the Albany Park & Recreation Dept., 1000 San Pablo Ave. or call 644-8514 for further information.

The A.R.D. Club is for children five through 10 years of age, Monday through Fridays, 2-6 p.m. During school vacations, hours will be extended from 9 a.m.-6 p.m.

Activities include arts and crafts, indoor and outdoor games, sports, library programs, home work time, cooking, gymnastics and excursions.

The fee is \$110 per month, which includes all materials and supplies and punch daily.

This is a new location for the program and it will be scheduled subject to signups. Children may attend two or three times per week on a pro-rated basis.

Out of the mouths of babes?

My, that 13 year old Henry Naccach must be so flattered to have been interviewed by Charles Pelton. It's a sad state of affairs when we have to seek out the wisdom of a 13 year old. Has he paid taxes yet?

Geraldine Perry
Albany

Kids pay the piper

Thank you for Charles Pelton's article on the Albany teachers' negotiations. The article raised several questions in our minds, however, and we would appreciate your providing us with the following information:

(1) What are the salary ranges for Albany teachers, and how do they compare with pay scales in neighboring districts?

(2) How far behind have the salaries for Albany teachers fallen in comparison with the average rate of inflation in the last 10 years?

(3) What is the cost to the district of the paid negotiator, and has the district hired them for previous negotiations?

We are very concerned at the prospect of deteriorating labor relations in the Albany Unified School District. The reporting of anger and the general belief that the administration is "stonewalling" greatly concerns us. We have found a high level of dedication and commitment among Albany's teachers. This directly affects the education of our children and is a major reason for the excellence of Albany's schools. If a rift does occur, it is Albany's students who will be the losers. High morale and generally good attitudes about one's profession cannot be budgeted but should not be less counted.

We definitely object to any increases in class size. We are sure it makes sense from a strictly budgetary point of view, but the bottom line in education should not be more students per salary dollar expended; it should be learning.

Sincerely,
Michael Flanigan
Mary Jo Cittadini
Albany

Note of thanks

A thanks to friends

My family and I wish to thank our many friends whose kind and thoughtful expression of sympathy have helped us through our recent loss.

Muriel Burnham and family
Albany

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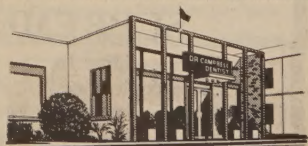
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Clubs

ALBANY

High 12: The Albany-Berkeley High Twelve Club No. 8 will meet at Kirby's in El Cerrito Plaza on Oct. 31 at noon for lunch and a speaker. Ron Kaanehe of A.T.&T. will discuss breakup of the company.

Pocahontas: Ramona Council 206, Degree of Pocahontas meet the second and fourth Monday of each month at the Albany United Methodist Church, 980 Stannage Ave., at 8 p.m.

Workshop meets the first and third Monday of each month at 2927 Carlson Blvd., El Cerrito, from 10 a.m.-2 p.m., making craft articles.

Albany Lions Club meets at Golden Marin Restaurant, 1045 San Pablo Ave., Albany. For information, call 527-8298.

Albany Rotary: Albany Rotary Club meets Tuesday at 12:15 p.m. at Spenger's Fish Grotto in Berkeley.

Frosting Freaks: Frosting Freaks, a cake-decorating club meets in Albany the fourth Thursday of each month. For further information, call 234-9184.

Scandinavian Club: Framat Lodge, Vasa Order of America, meets once a month at the Albany Temple, 533 San Pablo Ave. Activities include dinners, cultural events, dances. For more information, call 527-3134.

Bridge club: The club meets at noon on Mondays and Thursdays at the University Village Community Center, 1123 8th St. For more information, call 232-6689.

American Legion: Albany Post 292 meets the first Friday of the month for dinner and the third Friday for a business meeting at the Veterans Memorial Building, 1325 Portland Ave.

American Legion Auxiliary: Albany Unit 292 meets at the Veterans Memorial Building the second Monday of each month at 8 p.m.

Albany Lions: Albany Lions Club meets Thursdays at 7 p.m. at Kirby's in El Cerrito Plaza.

Soroptimists: Soroptimist International of Albany meets Wednesdays at 12:15 p.m. at Kirby's in El Cerrito Plaza.

Toastmistresses: The USDA Toastmistress Club meets the first and third Wednesday of each month from noon to 1 p.m. at the Western Regional Research Laboratory, 800 Buchanan St., Albany. For information call 486-3736.

Toastmasters: This organization of men and women who wish to improve their speaking, listening and leadership skills has five clubs in the Albany area. For information call Michael Jay at 848-5451.

Scrabble: Albany Scrabble Players Club No. 41 meets the second and fourth Sunday at 12:45 p.m. at 605 Carmel Ave. Call 526-8675 for reservations.

Chorus: The Berkeley Women's Chorus meets Thursday morning at 10 a.m. at the First Baptist Church, at Solano and Pomona. No auditions are held; the only requisite is the love of singing.

Booster Bingo: Albany Booster bingo meets every Saturday at Albany Middle School, 1000 Jackson St. Doors open at 5:30 p.m. Games start at 7.

EL CERRITO

Dancers: Learn to square dance with the Buzzin' Cuzin Square Dance Club of El Cerrito. Every Monday, at 7 p.m. at the Veteran's Memorial Hall, 6401 Stockton Ave. For information call 222-0505 or 526-8647.

Bridge: Free continuing bridge lessons on Thursdays at Fairmont Recreation Center at 7 p.m. Duplicate game follows. Duplicate games also on Tuesdays at 7:30 p.m.

Kiwanis: The Albany-El Cerrito Kiwanis meets Tuesday at 7:30 a.m. at Carrow's Restaurant, 6120 Potrero Ave., El Cerrito.

El Cerrito Rotary: El Cerrito Rotary meets Thursday at 12:15 p.m. at Cerrito City Club, 1600 Kearney.

El Cerrito Lions: The El Cerrito Lions Club meets Tuesday evenings at 6:30 p.m. at the Cerrito City Club, 1600 Kearney. The club collects old or unused eye glasses, which it sends abroad. Drop off: Sunshine Cleaners, 10750 San Pablo Ave.

Salt Water Revival: The El Cerrito Salt Water Revival Skin and Scuba Diving Club meets on the first Wednesday of the month at 8 p.m. at Harding Park clubhouse, 7115 C St. For information call 525-6229.

Coin Club: The North Bay Coin club meets the third Tuesday of each month at 7:30 p.m. at the Tassajara Park club house, Tassajara and Barrett, El Cerrito. No meeting in December.

KENSINGTON

Arlington Women: The Arlington Women's Club program for Nov. 1 at 1 p.m. in the Arlington Community Church will be "Drama Studio of London at Berkeley." Peter Layton, founder and executive director of the Drama Studio in London and Berkeley, will present drama students.

Carol Aungst, Avice Kennerly, Virginia Gullixson, Margaret Pick and Bernice Woodward will be in the receiving line. Pouring will be Marion Scalia and May Griffin. Hostesses will be Bernice Uraub, Maetha Uisinger, Rosalie Maynard and Marion Martin. Decorations will be provided by Dorothy Ruthnick, Frances Malefyt, Grace Haavik and Pansy Nubmann.

Republicans: The nominating committee of the Kensington Area Republican Women's Club will present the 1984 slate of officers at the regular monthly meeting at 1 p.m. on Wednesday, Oct. 26, at the Arlington Community Church.

Debbie Beck, legislative advocate for the California Federation of Republican Women, will discuss activities in Sacramento. Refreshments will be served.

Singles: The Singles Club of the First Unitarian Church schedules many activities, including yoga, sing-alongs, dinners, dances, work parties and theatre parties. For information, call 526-3601.

THOUSAND OAKS

Oveaters Anonymous: Meets every Monday night at 7:30 p.m. at Northbrae Community Church, upstairs in the 4th-5th grade room. No dues, fees or weigh-ins. For further information call 569-1374 and leave a message.

EAST BAY

Accountants: Gary Prince will address the Oakland East Bay Chapter of the National Association of Accountants at Spenger's Fish Grotto in Berkeley on Thursday, Oct. 27.

He will speak on "The Personal Computer Revolution in Business."

Panhellenic: Members of East Bay Alumnae Panhellenic will honor the collegiate recipients of its 1983-84 scholarships at a luncheon at the Hiller Highlands Clubhouse on Tuesday, Nov. 1. The social hour is at 11:30; luncheon at noon, followed by awards and general meeting. Reservations may be made with Paula Meader of Kensington at 526-1083 by Oct. 26.

Women's clubs: Alameda District of the California Federation of Women's Clubs held a meeting of the state executive board to discuss plans for the state convention.

Reports will be presented at the Oct. 27 meeting of the district at Glenview Woman's Club, 1318 Glenfield. Following a 9 a.m. coffee hour, there will be a business meeting. Luncheon will be served by members of the Glenview Club, followed by an afternoon meeting.

Forum: The Men's Forum meets at the North Congregational Church, 2138 Cedar St., Berkeley, every Sunday mornings, 9:30 to 10:30 a.m. There is always a speaker and discussion. Coffee and sweet rolls served. There are no dues. Men of all ages are welcome. Phone 524-9288 for further information. Oct. 23 speaker, Dr. Victor Kaupas.

Sweet Adelines: The Harmony Bay Chapter of Sweet Adelines welcomes new members on Wednesday evenings, at the first Congregational Church of Berkeley, 2345 Channing Way, in Berkeley, at 7:30 p.m. For more information, please call Deanna at 515-1196 or Carol at 233-5743.

Bridge: The Live Oak Bridge Club is a non-profit community group that sponsors regular duplicate bridge sessions at the Live Oak Community Center in Berkeley.

For further information, contact Dick Evans at 843-4605.

Veterans Widows: Widows of veterans meet the last Monday of each month in the Federal Building, 1515 Clay St., Oakland, at 10:30 a.m.

For more information, call 527-5989, evenings.

Bingo: Senior bingo is held every Saturday afternoon, from noon to 3 p.m. at the Claridge Hotel, 15th and Grove Streets, Oakland, for the benefit of the Retired Senior Volunteer Program.

Radio Club: The East Bay Amateur Radio Club is devoted to furthering interest in amateur radio, participation in emergency radio service, and helping those interested in obtaining amateur radio licenses.

Meetings are held second Friday of the month at 7:30 p.m., at Salvation Army Center, 36th and Rheim, Richmond. For further information call Fred at 233-2076, or Don at 237-1381.

Tap dance classes scheduled for fall

EL CERRITO — The El Cerrito Community Center is offering a class in tap dancing, for beginning and intermediate students.

Two five-week sessions will be offered beginning Nov. 1. For children in grades K-3, class meets 2:45-3:30 p.m.; in grades 5-6 from 3:30-4:30 p.m.

The resident fee is \$15, and non-residents \$18. Instructor is Dolores Helman, whose classes include warm-ups, as well as basic jazz-tap techniques to upbeat rhythms.

Registration is at the Community Center, 7007 Moeser Lane. For information call Lois at 525-6748.

Saving the state's heritage



Gloria Pavon (l.), Marge Jacobson and Jennie Agresta are long-time members of the Native Daughters of the Golden West.

Times Journal photo by Karen Preuss

By BETH MENDE

On Sept. 25, 1886, in Jackson, California, the heart of the Mother Lode country, Lilly Richling Dyer was watching the Native Sons of the Golden West parade through town. She decided that the state's native-born women should have their own patriotic organization.

Dyer and 13 other women gathered in her parlor and became the founding members of the Native Daughters of the Golden West.

Today, the Native Daughters have 13,000 members in the state. The organization's basic principles, however, have remained the same over the years: love of home, veneration of the pioneer and abiding faith in God and country.

The Cerrito De Oro is one of 185 chapters, known as "parlors," throughout the state. Its 80 members — who come from the El Cerrito-Albany-Berkeley area — are interested in preserving local history and participating in meaningful civic and social service projects, according to Ethel Murphy, parlor secretary.

Murphy, 71, said the group presents American and state flags to new civic buildings, plans parades and celebrations for Admission Day, distributes poppy seeds (the state's flower) throughout the state, contributes to the Children's Foundation, which assists middle-class families in financial need, and makes available scholarships for deserving students.

The group is also responsible for placing historical markers throughout the area, she said.

One such marker can be found at El Cerrito Plaza, once the site of the Castro adobe, and later Black Jack Jerome's nightclub and the dog race track. The Native Daughters have placed another historical marker on Albina Avenue in Berkeley, where the Peralta adobe once stood.

Although the group is not active on a legislative level, it went on record at the last Grand Parlor, or convention, as being against the move to split the state of California in two.

"We cherish all parts of the state and all parts of the state have a lot of history," Murphy said.

Group members say they do not resent the influx of

non-Californians into the state, Murphy said, but the native Daughters are concerned about how quickly the landscape is changing and how its natural resources are being destroyed.

Jennie Agresta, former parlor treasurer, has lived in Cerrito for 68 of her 69 years. "I can't get over how homes after homes," she said.

There used to be only five or six houses on a block, she said. The city was mostly made up of fields which were used for mushrooms that she would pick as a child.

"Life was wonderful," according to Agresta, "used to be able to go out and not lock our doors. You have to lock your doors (because) the type of people living into the area are different."

Marge Jacobson, 72, has been an Albany resident 42 years and is one of the seven original members of Cerrito De Oro Parlor, which was founded in 1901.

She is saddened by changes in Albany, she said. "Everyone in our neighborhood has either moved away, died, and we were just like a big family," she said.

The Native Daughters, however, is one family that stayed intact over time, Jacobson said. One reason many group members share a proud state history and a strong personal history as well.

Jacobson and Murphy, for instance, met in high grade and went through school together. As young women they went to a dance where they met their husbands, also happened to be friends. They married and raised families in Albany, and had sons who graduated from Berkeley.

"When we're not together, we're on the telephone," Murphy said, laughing.

Prior to 1978, the group's constitution restricted membership to Caucasians only. According to Murphy, however, the group is now open to all native-born California women, upon the review and recommendation of local parlor and state-wide organization. However, Cerrito De Oro parlor has had no minority members or apply for membership, said Murphy.

The Native Daughters of the Golden West meet first and third Wednesdays of every month at St. Paul Hall, 6712 Portola, El Cerrito at 8 p.m.

NAACP march scheduled here

The NAACP kicks off its first California voter registration drive Nov. 7 with a 12-day, 410-mile march starting in Richmond.

The organization hopes to register many of the 500,000 blacks in the state who are not registered to vote.

Richmond was picked as the starting point because there's a "high percentage of black unregistered voters there," according to Lulann McGriff, the NAACP's assistant regional director.

Lee Howard, the NAACP's Richmond branch president, also said the city's recent civil rights trials in federal court also may have played a part in the decision to begin the march here.

"I wouldn't rule it out," he said. "Richmond is the focal point of the country. Everybody has got their eye on Richmond because so many unusual things happen here."

McGriff said the philosophy behind the Overground Railroad is to "bury voter apathy."

As they travel California's highways, the marchers will be holding a large coffin, she said.

"It's not exactly like we're planning to put our shoes on in Richmond and taken them off in Los Angeles," Howard said. "We'll start in Richmond, walk through Berkeley and then maybe to Hayward."

He said the marchers would then take vans to within a few miles of San Jose, walk through the city and then get back in the vans, repeating the process as they reach major population centers.

The first Overground Railroad traveled in August from Kentucky to Michigan, following the route of the antebellum Underground Railroad.

NAACP Director Benjamin Hooks will be in Oakland Nov. 6 at a rally to kick off the event, McGriff said.

Marchers will focus their registration efforts on persons in food and unemployment lines, welfare offices and other places where the poor and disenfranchised gather.

The marchers will also hold registration workshops and canvas neighborhoods door-to-door. The walk culminates with Los Angeles with a concert on the UCLA campus.

Obituaries

Ruth C. Zetsche

EL CERRITO — Funeral services were held for Ruth C. Zetsche, a local resident since 1965.

A native of Milwaukee, Wis., she died Oct. 21 in a San Pablo hospital at the age of 73.

Mrs. Zetsche was a retired secretary for the Pacific Vegetable Oil Co. of Richmond. She was a member of Grace Lutheran Church of Richmond and the Lutheran Church Women and was active in the Altar Society, Ruth Circle.

She was also a member of the Pacific Lutheran Seminary Auxiliary of Berkeley, the Richmond Chapter of AARP and Ada B. Hewitt Chapter No. 267, OES of Milwaukee.

Survivors include two daughters, Karen Neff of Claremont and Christine Colgrove of Thousand Oaks; a brother, George Kohler of Inverness and five grandchildren.

Arrangements were handled by Wilson & Kratzer Mortuaries.

Barbara Jacobs

ALBANY — Long time Albany resident Barbara L.

Jacobs died in Daly City on Oct. 17.

She was the wife of the late Albert E. Stratford and Lloyd Jacobs.

Survivors include a son, John Stratford and a daughter, Diane Kah; a grandchild Genie Clancy; and great grandchildren Jill, Matthew and Katie Clancy.

John Wixon

John Wixon Sr., assistant dean at Contra Costa College from 1953 until his retirement in 1974, died Oct. 19 in a local hospital. He was 75.

A native of Stella, Neb., Mr. Wixon was a 38-year resident of this area, living in El Cerrito before moving to his most recent home in Richmond.

He joined the Contra Costa College staff in 1950 as an economics instructor, serving in that capacity until his appointment as assistant dean.

He was a member of Mira Vista United Church of Christ, El Cerrito, and was past master of El Cerrito-Albany Lodge No. 686, F. & A.M. He was a 33rd Degree Mason and was a member of Scottish Rite Bodies and Aahmes

Temple of the Shrine, both of Oakland, and the York Rite Bodies.

He was executive officer for 26 years of the Northern California De Molay and a member of the International Supreme Council of De Molay. He was past president of the El Cerrito Rotary Club and a past patron of Vista Cerrito chapter No. 550, OES.

Other memberships include the Richmond Hi-12 Club, the Berkeley chapter of SIRS and the Richmond chapter of the California Retired Teachers Association.

He is survived by his wife, Lyla Mae Wixon; two sons, John L., Jr., of San Ramon, and Walter J., of Santa Ana; two sisters, Hazel Gabus of Des Moines, Iowa, and Dorothy Mason of Brush, Colo.; a brother, William L. Wixon of Palmer Lake, Colo.; eight grandchildren, and five great-grandchildren.

Funeral arrangements were handled by Wilson & Kratzer Mortuaries. The family requests that memorials to Mr. Wixon be in the form of donations to the De Molay Foundation of California, 4631 Nevins Ave., Richmond, 94805.

Lola Sims

Services for Sr. Mother Lola Sims of Albany were held at Fuller Funeral Chapel.

A native of Texas and an Albany resident, Mrs. Sims died Oct. 17 in a Berkeley hospital. She was 81.

She was a member of the Supreme Council of the House of Jacob. She is survived by three sons, Curtis of Berkeley, Jessie of Richmond and Lewis of Albany, and two daughters, Florestine Mitchell of Oakland and Bobbie Blanson of Stockton.

Services were led by the Rev. A. Mitchell. Burial was at Rolling Hills Memorial Park.

Edwin Latus

EL CERRITO — Funeral services were held for Edwin A. Latus at Olson Mortuary.

A native of Texas and an El Cerrito resident, he died Oct. 23 in an Oakland home. He was 61.

He was a retired sergeant in the United States Air Force.

Survivors include wife, Mary; a daughter, Deborah A. Rowell; five brothers, one grandchild, and a great-grandchild. Burial was at St. John Cemetery.

Exercise

classes

ALBANY — Albany

expanded schedule of classes will be starting Nov. 2 at the Santa Fitness Center.

Non-members may participate on a fee-basis. Classes will be on Mondays and Wednesdays at 5, 6 and 7 p.m. at the Marin School Room (corner of Santa and Marin) and on Tuesday evenings, at the times, at the Cornell Multi-use Room.

For more information please call 526-5900.

Nuclear

slate shows

Sketches of an anti-nuclear play by the Shaker Festival Theater Project will be held at 5 p.m. on Wednesday, Oct. 30. The play, "War Song," will be sent at the park at the corner of Albany and Peralta Avenues.

A slide show about upcoming deployment of nuclear missiles in Europe will be held at 8 p.m. Tuesday, Nov. 1, at the School, Santa Fe and Avenues.

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Health

Hospital honors young aides

Bates Hospital in Berkeley recently honored young residents for their work in the hospital's Junior Volunteer Program. The students are among 125 volunteers who contributed over 10,000 hours of service.

Receiving the top award for 400 hours of service was Kensington resident Victoria Littlejohn of Kennedy.

Other students honored for 400 hours of service were: Kensington resident Catherine Flath of El Cerrito; resident Mary Schultz, both students of El Cerrito High. They were recognized for their contribution of 300 hours of service. Other students honored for 200 hours of service were: Albany residents Borgfeldt and Alison Nelson, both of Albany High; El Cerrito residents Nelson of El Cerrito High and Kensington resident Kathy Telford of El Cerrito High.

Other students honored for 200 hours of service were: Albany residents Laura Rogers and Shepherd, both of Albany High; El Cerrito residents Karl Simmons and Leung of Kennedy High, and Stephanie Leung of El Cerrito High.

Other students honored for 100 hours of service were: Albany residents Bassel Samaha and Saalsbury of Albany High, and Sally Bassel of Holy Names High; El Cerrito residents Margaret Woo and Margaret Woo of Presentation High; Selena Dong of Elizabeth Camacho of Kennedy High; Kensington residents Natasha Zalkin of El Cerrito High and Patti Leung of Presentation High; and Richmond residents Bonnie Lai of El Cerrito High and Marina of Albany High.

Receiving recognition for 50 hours of service were: Kensington resident Shinjo of Berkeley; Kensington residents Peterson and Nette of El Cerrito High; Kensington resident Kelli Anderson of Names and Clare of Presentation High.

Since 1955, the Junior Volunteer Program at Bates Hospital offers school students experience in a hospital setting.



El Cerrito residents Carri Nelson (left) and Mary Schultz (right) were honored for their work in the Junior Volunteer Program.



Kensington residents Victoria Littlejohn (left) and Cathy Flath (right) received awards as Junior Volunteers.

Their activities include transporting patients from their rooms to other departments. They deliver

flowers, mail and newspapers to patients in their rooms, assist in discharging patients, provide additional

clerical help, hostess the Lobby Desk on Sunday mornings, and run errands for nursing units.

Potential dropouts aided in continuation school

By BARBARA ERICKSON

Derrick White, known as "Mac" to his fellow Gompers students, is finding life easier these days. "I'm not just a number now," White said, citing the reasons for leaving his old school. "I get to see my counselor when I have to see him. It's smaller; the teachers help you."

White has been at the Richmond Unified continuation school for more than a year. He transferred there after running into trouble at Richmond High.

"It was a big school," White said. "I would put in a form to see my counselor and never get called up. The counselor wasn't there to help me, so I stopped going."

White was a potential dropout, but since his transfer he has remained in school and expects to get his diploma. At Gompers, a traditional alternative to the comprehensive high school, he found the program he needs.

In Richmond Unified, Gompers is the only alternative program for potential dropouts. Opportunity classes, for junior high students, were cut last year when the district faced a funding crisis.

Continuation schools began in the United States in 1919, designed for students who could not attend school full time because they needed to work. These days they offer partial-day programs, emphasis on job preparation, and individual attention.

The typical continuation school has 50 to 75 students, but Gompers has 450 to 500. Students attend either from 8:15 to 11:15 a.m. or from noon to 3 p.m.

Gompers has one full-time counselor, a counselor aide, and a part-time counselor in industrial maintenance. The student/teacher ratio is 18 to 1, nearly half that in other secondary schools.

Principal Jim Storer said most of the students have had attendance problems, and many are 16 or 17 years old with only 35 credits on their record. The district requires 200 for graduation.

These older students, he said, can stay in the continuation school after they reach the age of 18 as long as they attend regularly and full time.

"It's basically an ungraded school," he said. In any class students may range in age from 15 to 19.

Bob Creer, a counselor and teacher at Gompers and human relations officer for the district, said the school succeeds with its student population, but it is fighting an image problem.

"Everyone here told you how bad Gompers is," Creer said to a class recently. "It's considered the worst school in the district. They wouldn't believe I can leave the room and you could conduct business on your own."

Some students leave Gompers for comprehensive high schools and return, Storer said, because they need the continuation program.

Rochelle Flenory, 16, said she is more comfortable at Gompers because she can't manage with an all-day school. "It's easier to concentrate," she said. "I'm studying harder."

And Patsy Funderburk, 17, who transferred from a school in Nevada, said it was easy to be a newcomer at Gompers because everyone comes from a different school. "Here they make it fun learning," she said.

Richmond Unified's opportunity classes for junior high students with attendance problems, were cut over a year ago when the district faced a funding crisis. They were self-contained, offered four subjects, and had a 15 to one student/teacher ratio.

Pat Rupley, director of secondary education, said the district may have lost some students when the opportunity classes were cut, but the schools have been trying to compensate by transferring students with problems to other junior high sites.

Sometimes a new environment helps them over the hump, she said.

Some districts also provide child care for teen-age mothers, but Richmond Unified, although it has a program

for pregnant students, has no program for students with children.

Local teen-age mothers must place their infants in child care, with grandparents, or in the West County Teenage Mother Program, which finds licensed day care homes for the babies of student mothers.

Sandra Anderson, who runs the county program, believes child care services for student mothers are adequate in this area but many of the teen-agers say they have no place to put their child because they want an excuse not to return to school.

The problem, she said, is the burden of learning to be a mother and going to school at the same time.

Other observers, however, say there is a lack of facilities for student mothers.

Some school districts have also created recovery, independent study, or furlough programs, all designed to lower the dropout rate.

Recovery programs reach out to students who are not in school to bring them back, and independent study allows students to gain credits outside of the classroom under an advisor's direction. Furlough gives students the chance to take a leave of absence from school.

Like Gompers, the successful dropout prevention programs offer individual attention, emphasis on vocational training, counseling, a smaller size than comprehensive schools, clear discipline policies, flexible scheduling,

Schools

and, often, student involvement.

Ohio, for instance, has a Work Adjustment Program, a vocational program of one or two years for 14- and 15-year-olds identified as potential dropouts. Those who stay in are helped to find jobs, and all the students work during two class periods a day for up to 23 hours a week.

New York City set up outreach centers in neighborhoods and schools with high dropout and unemployment rates. The centers aimed to get students back in school by helping them create individualized programs, set goals, and acquire jobs.

The Metropolitan Youth Education Center in Denver, originally designed to help dropouts prepare for jobs, soon discovered that students needed diplomas or GEDs to be hired for most jobs. The project branched into teaching basic academic skills for students aged 16 to 25 and offers day and evening classes.

And in San Francisco the YMCA runs a program called Youth Chance for youth 16 to 21 years. It includes its own private high school and a split schedule of work and study. The program emphasizes job placement, but it has recently lost its job development funding.

In West County many dropouts enroll in the Richmond Adult School. They can study for a regular high school diploma or the GED, but they do not have the other features of alternative programs — individualized instruction, small class size, or job placement.

Adult school, however, is one more chance, and many students, motivated to learn by the time they have been out of school for two or more years, do not need the extra props.

"They've discovered the advantage of going to school," said Tom Carroll, a teacher at Richmond Adult. "They find many doors are closed to them without a high school diploma."

Football, candidates slated for cable TV

EL CERRITO — Televents cable TV will air both the El Cerrito High School homecoming football game and candidates' night on cable channel 2B.

The high school game is Saturday, Oct. 29 at 7 p.m. Candidates night will air at 8 p.m. on Nov. 4 and 7.

Last June, Televents televised the Chuck E. Cheese operating permit hearing. Also produced on location was an instructional tape used by the El Cerrito police department and El Cerrito's citizens' crime prevention committee as part of a crime awareness project at El Cerrito High School.

Most of Televents' shows are made in the El Cerrito studio. "The studio is designed to let people with little or no background in television put together a community television show," said Michael Gabbert, production coordinator for Televents.

Televents offers a workshop series in production. For information about Televents community television programs or the television production workshops, call 524-9620.

Supervisors plan new study of cancers

McCORMACK county supervisors, exchanging some misgivings about the conclusions of a completed cancer study, ordered the county department to do its research on connections between cancer and environment.

State Department of Services recently released the final report of a

study that concluded that smoking was to blame for a high rate of lung cancer in Contra Costa County. The rate is 40 percent above the rest of the nation.

Supervisor Tom Powers of Richmond called the study a "waste of money" because it was "set up to develop the obvious" — that smoking causes lung cancer.

He said the study leader, Dr. Donald Austin, did not do enough sampling to determine how occupations and the environment work on cancers.

Supervisor Nancy Faden praised the study for calling attention to the county's cancer problem but said also it didn't do enough on industrial emissions. Austin said he was unable to get work records from many local industries.

As proposed by Supervisor Sunne McPeak, the county health department would track all Contra Costans who are afflicted with a cancer, listing the type of cancer and pertinent background; for example, where he or she worked, what emissions he

or she was exposed to, whether he or she smoked.

She called the Austin study "a good start" but said more work needed to be done.

Several supervisors, citing asbestos, said the county needed to build a data bank that would allow it to follow long-term trends. Asbestos-related diseases often turn up 20 to 25 years after the person has been exposed.

Austin's study concluded that lung cancer was running high in the county's industrial belt (the industrialized shore, from Richmond to Antioch) because blue collar workers smoked more than the average Contra Costa adult.

Part of the study focused

on 144 blue collar workers who contracted lung cancer. On the average, 140 of these smoked 28 cigarettes a day for 39.2 years, the study said.

The study did not rule out occupational factors as causes of cancer but it blamed cigarettes, mostly, for the excessive number of lung cancers.

Dr. Wendell Bruner, county public health chief, said "this study demon-

strates that industry is not the major cause of lung cancer in this county."

The health staff will now work out the framework of the study, estimate the cost and report back to the board of supervisors. The board hopes local industries will cooperate with the new effort.

"Industries should be concerned about the general health and well being of the community," McPeak said.

Class offered for tiny tots

EL CERRITO — The El Cerrito tiny tots class has openings at Park for children 3 years old.

Schiffmann, the director, graduated from Berkeley with a degree in child welfare and has courses in preschool

dramatic play, puzzles, and shape recognition.

To enroll for the session beginning in November, come to the Community Center, 7007 Moeser Lane or call 525-6748. Space is limited.

Art sale scheduled

There will be an open house of six artists from WIM, the visual arts chapter of the Jewish Community of the Bay (JACOB) on Sunday, Oct. 30, from 2 to 5 p.m. at the Jewish Community Center, 1500 Shattuck Ave. in Berkeley. The artists include ceramists, original prints, ritzy objects, papercuts, quilts and batiks, done by Sherie Sherman, Lila Shattuck, Gwyneth Shattuck, Katya Wall-Ely Simmons and Khazoom.

The sale, which will be from 2 to 5 p.m., is at 1500 Shattuck Ave. in Berkeley.

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Sports

It's tournament time for youthful soccer players

Josh Costello of the El Cerrito Earthquakes watched the action at the recent 50th annual Alameda-Contra Costa youth soccer league tournament.



In the 8- to 9-year-old competition, members of the Albany-Berkeley Red Dragons defeated the Earthquakes by a score of 4-2.

Rebecca Husband, a member of the Berkeley Foxes, scores a goal. Her team was one of 115 teams from the East Bay participating in the tourney.



Helena Holmes (19) of the Montclair Meteors goes knee-to-knee with Red Fox Cathryn Doyle.

Photos by Stu Brinin

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The Albany YMCA offers youth and adult physical education classes.

A dance class is offered on Mondays, Wednesdays and Fridays from 9:30 a.m.-10:30 a.m. Childcare is available.

A noon to 1 p.m. work out class offers lifting weights and exercising to music. It meets on Mondays and Fridays.

A prenatal and postpartum exercise class is on Mondays and Wednesdays, 7:30 p.m.-8:30 p.m., especially designed for the mothers-to-be and new mothers to learn to strengthen muscles.

For senior citizens a class is offered on Fridays from 10:30-11:30 a.m. This class consists of strengthening, muscle toning, flexibility and some light aerobic exercises.

The YMCA judo program is on Mondays and Wednesdays 7 p.m.-9 p.m. is an on-going class for 8 years old through adults.

A new moms and babes class is on Tuesdays from 11:30 a.m.-12:30 p.m.

The youth gymnastics program is a national YMCA gymnastics after school program. It includes tumbling, apparatus, personal values education and safety awareness for boys and girls age 5 thru 15. Levels are taught for the beginner, intermediate and advanced gymnast.

All participants in the P.E. classes have access to the showers, lockers and weight room. For more information or a fall brochure call the YMCA at 525-1130.

By CONRAD STRASHEIM

Kennedy's avicious Eagles were caught stealing 12 first-quarter points Friday afternoon at El Cerrito and sentenced to three scoreless quarters by a punishing Gaucho defense.

The case for El Cerrito's defense rested on four interceptions and two fumble recoveries that set up a 19-12 comeback victory for the Gauchos.

Kennedy's offense acted guilty after being caught red-handed in possession of 12 points that directly resulted from fumbles lost by El Cerrito in the first 11 minutes of play.

Instead of staying on the attack, the Eagles turned conservative in an apparent attempt to sit on their 12-0 lead. Kennedy lost a total of 22 yards in the second quarter while punting once, suffering a costly interception and taking an intentional safety.

El Cerrito was relieved to take only a 12-5 deficit into the halftime break and returned rejuvenated for the third quarter. The Gauchos dominated that period and scored once, on a three-yard Jesse Lea run, to pull within a single point at 12-11.

Kennedy went back to work in the fourth quarter but it was too late to hold off the inevitable, especially when it appeared in the powerful form of James "Pops" Mitchell. His bruising 19-yard charge into the end zone with 7:36 left to play stood up for the hard-earned victory, after an exciting stretch run that featured some of the season's best prep football.

"I told them to give me the ball and I'd get it in the end zone," said Mitchell.

He did just that, driving through the tacklers who weren't bouncing off his determined 210 pounds. An All-Northern California nose guard last season, Mitchell has seen some duty at fullback this year in short-yardage situations.

His style is straight-ahead and authoritative but never has he blasted through a defense like he did on that dive play, which ended with him on his feet in the end zone 19 yards away.

"Yeah, it meant a little more to me today. You know what that is. It's a rivalry," said Mitchell.

"No, I wasn't worried about catching them, because

when we went in the locker room at halftime the fellow juiced. They wanted this one," he added.

The way the Gauchos got it impressed Gauchos Frank Milo. "Being down 12 points and coming back that is the sign of a championship team," Milo said.

"It was a tremendous team effort. Pops played an outstanding game, and (Antoine) Pickett, and (Cory) Ward," added Milo, trailing off when he realized many Gauchos he would have to name.

Quarterback John Martinez also denied any doubt about the outcome and explained how his troops gathered through the dismal start.

"During halftime we knew we'd come back. Our defensive line was pumped," he said.

"We just wore them down and didn't quit. We fought football until that last second ticked off," said Martinez.

Kennedy's quick start gave every appearance of a runaway in the opposite direction, however. The Eagles were driven back to their own 17 by El Cerrito's drive, when they gratefully accepted the game's first turnover.

A Martinez pitch went awry in the backfield, bounced crazily up the field until Charles Scott caught it in at the Kennedy 47. D'Andre Wells directed an eight 53-yard scoring drive that took 11 plays to reach the end zone in the arms of tight end Tony Hall, on a 10-yard Wells pass.

Three plays later Kevin House recovered a Gaucha fumble for Kennedy on the El Cerrito 19, connected with Fritz Jordan for the touchdown on the next play. Kennedy's attempted conversion pass was incomplete again, leaving the score 12-0.

The first of two Peter Hewitt interceptions set up Walker's 32-yard field goal with 6:42 left in the third quarter. Kennedy started its next possession on the 16 yard line on a third-down quarterback sack. Instead of risk punting from the four, Eagle coach Steve media conceded a safety by instructing punter Fritz to step out of the end zone with the snap.

The play surprised El Cerrito, coming that early in the game and seemed to swing momentum toward the Gauchos.

Churches

ALBANY

Berkeley Buddhist Priory

The priory is at 1358 Marin Ave. The prior, the Rev. Teigan Stevens, invites the public to attend meditation periods and services Tuesday-Sunday.

Beginners' retreats are held the first Sunday of the month from 9 a.m. to 4 p.m. and include a vegetarian lunch. A gift shop and library are available. For more details, call 528-2139.

Instruction in Soto Zen meditation is offered the first and third Tuesdays of each month at 7:30 p.m.

The priory is affiliated with Shasta Abbey, a Zen Buddhist seminary and monastery in Mount Shasta, Calif., founded in 1970 by the Rev. Roshi Jiyu Kennett.

Church of Christ

On Sunday, Bible study is at 10 a.m., worship at 11 a.m., with the Rev. Max Crumley, Sr., minister. Wednesday Bible study is at 7:30 p.m.

The church is located at 1370 Marin Ave.

First Baptist Church of Albany

On Wednesday, the home Bible study group will meet at 7:30 p.m. at 407 Cornell, No. 4. They will continue studying the Gospel of John. The singles prayer study group meets on Fridays at 7:30 p.m. at 922 Neilson.

Church school classes are held for all ages at 9:30 a.m. on Sunday. The 11 a.m. worship service will be led by Pastor Alan Newlove, who will preach on "From Hostility to Holiness." The prayer study group and the discipleship study meet Mondays at 7:30 p.m.

The church is located at 1319 Solano Ave. Phone 526-6632.

St. Alban's Episcopal Church

Today, at 11:30 p.m., the Rev. Warren Debenham will celebrate Holy Communion with the laying on of hands for those who are praying for healing.

On the 23rd Sunday after Pentecost, Nabil Yacoub, lay reader, will conduct morning prayer. Debenham will preach Holy Communion.

Acolytes are Jennifer Rogers at 8 a.m. and Dawn Euston at 10 a.m. Stan Gardner will read the first Bible lesson. The senior choir, directed by Rita Dows, will present the offertory anthem.

Ushers are George Coons and Alex Njoroge. A coffee hour will follow the 10 a.m. service. The inquirers' class will meet at 11:30 a.m.

St. Alban's Episcopal Church is at 1501 Washington Ave.

Albany United Methodist Church

Sunday, Oct. 30, at 11 a.m., The Reverend Virginia Hilton will preach on the story of Zaccheus, the tax collector. The sermon is titled "Surprised by Grace."

Adult education hour is at 10 a.m. with Clay Berling teaching "A Christian Looks at Economics" Part 11. Child care is provided for both these services.

Monday, Oct. 31, Bible study is at 7:30 p.m. Wednesday, Nov. 2, quilts' workshop meets from 9:30 a.m.-3 p.m.

The church is located at 980 Stannage. Call 526-7346.

Word of Faith Church

Word of Faith Church, located at 1206 Lincoln Ave. in Alameda, has home Bible study for the Albany-El Cerrito area.

Study group meets Monday nights in Albany. For information, call Martha Beckhusen, 526-8512, or Pastor Hal Tomlinson, 523-4754.

Gracemont Baptist Church

The church is located at 1221 Marin Ave. Staff includes Rev. Glen Campman, pastor; Rev. Lupe Torrez, associate pastor; and D. Shayne Gilpin, minister of music.



GOOD LISTENER — "Listening to God — Is That Really Possible?" is the topic of Betty Ann Ridley's lecture on Thursday, Oct. 27, at 8 p.m. in Berkeley's Second Church of Christ, Scientist, 1521 Spruce St. The lecture is free and child care and parking are provided.

EL CERRITO

Bay Area Seventh Day Baptist Church

The church holds services every Saturday in the chapel of the United Methodist Church, 6830 Stockton Ave., El Cerrito. The pastor is the Rev. Stephan Saunders.

The service begins at 10:30 a.m. Sabbath school follows at 11:45. A potluck lunch is held each week. Bible studies are held weekly. For information, call 527-2055 or 757-6426.

El Cerrito United Methodist

The El Cerrito United Methodist Church, 6830 Stockton Ave., will hold Sunday worship on Oct. 30, at 11 a.m. Church school is at 9:30 a.m. This is the 23rd Sunday after Pentecost. Rev. Phillip C. Lawson will speak. A coffee hour will be held following the worship service.

Scriptures are: Psalm 145; Exodus 34:5-9; II Thess. 1:1-2; Luke 19:1-10. Music: "Let Your Joy Be Known" by Bach will be sung by the church choir. For more information call 525-3500.

Grace Lutheran Church

Sunday, Oct. 30, at 9:30 a.m., Pastor Ralph Moellering will speak on "Who Is On Your List?", from Luke 18:9-14. Bible class and Sunday school will meet in the church and parish hall, respectively.

Other activities on Sunday, Oct. 30 include a forum at 11 a.m. in the parish hall: "A Marxist Interpretation of Luther," a film produced by the East German government. At 7:30 p.m., in connection with the Focus on the Family series, Christian psychiatrist Dr. James Dobson will show the film and narrate on "What Wives Wish Their Husbands Knew About Women."

Holy Communion is administered the second and fourth Sunday of each month.

Wednesday, Oct. 26, the Albany-El Cerrito Clergy will meet for lunch at noon. At 7:30 p.m., under the direction of Clance Moellering, the adult choir will rehearse in the choir loft.

Thursday, Oct. 27, at 7:30 p.m., at St. James Lutheran Church, 1963 Carlson Boulevard, Richmond, Moellering will speak on "Luther, Lutheranism, and Nuclear Disarmament." This will be the fifth of seven lectures commemorating Martin Luther's 500th birthday anniversary.

Friday, Oct. 28, at 6:30 p.m., the monthly friendship club potluck dinner will be held. Members of the congregation may come in Halloween costumes.

Activities on Tuesday, Nov. 1 are: at 4 p.m., the neighborhood children's choir will rehearse. All children between the ages of 5 and 14 are invited to join; and at 7:30 p.m., the adult catechism class will continue its study.

The church is located at 15 Santa Fe. For information, call 525-9004 mornings 549-0858 afternoons.

Northminster Presbyterian Church

Worship is at 10:30 a.m. Sunday school meets at 10:30 a.m. Child-care is provided.

The church is located at 545 Ashbury Ave. Phone 524-4401.

St. Patrick's Episcopal Church

The church is located at Potrero and Everett streets. Call 237-0216.

KENSINGTON

Arlington Community Church

The Arlington Community Church is located at 1000 Arlington Ave.

First Unitarian Church

The First Unitarian Church, 1 Lawson Rd., church services at 8:30 and 10 a.m.

THOUSAND OAKS

Epworth United Methodist Church

The Epworth United Methodist Church in Berkeley, 1953 Hopkins St. will hold its worship at 10 a.m. Oct. 30.

Children have a special time for them in the church and baby and toddler care is provided. Classes for all ages follow at 11:15 a.m.

Northbrae Community Church

At the Northbrae Community Church, 941 Medina in North Berkeley, worship services are from noon to 1:30 p.m. with a social time following in the parlor. Care is provided from 10:45 to 11:15.

Services are held in the chapel directly behind Hall.

Thousand Oaks Baptist Church

"How Can We Expect God's Blessings If We Don't Expect It?" will be the message brought by the Rev. E. Paden at the 10:30 a.m. worship service on Sunday, Oct. 30. The text will be taken from Hebrews 2. Rev. Paden will preside at the organ and there will be music. Rev. Chen, who will preach the Chinese congregation at 10:30 a.m. on Sunday, Oct. 30. The Chinese service will be held in Mandarin.

There will be a church planning session from 7:30 p.m. on Sunday, Oct. 30. Members and friends of the church will share ideas on direction the church should take in 1984. A light supper will be served at 5:30 p.m.

At 9:30 a.m. on Sunday there are Bible study for adults conducted in English and Mandarin. At 10:30 a.m., during the worship service, school classes are held for children and youth. Classes are conducted in English.

On Tuesday at 10:45 a.m. the women's prayer group meets at the home of Alice Grant, 1701 Madison Berkeley. On Tuesday at 7:30 p.m. Elaine Paden will lead a class in English conversation at the church. No church school on Tuesday.

Wednesday evening is family night beginning potluck supper at 6:15 and followed by Bible study for adults and youth at 7:00 p.m.

On Thursday, Nov. 4, the American Baptist will hold their monthly meeting beginning at 10 a.m. a sandwich. Dessert and beverage will be provided.

On Friday the English and Chinese choirs rehearse at the church at 7:30 p.m. Family recreation is held in a social hall from 7:30 to 9 p.m.

Thousand Oaks Baptist Church is located at the corner of Colusa and Catalina avenues in Berkeley. Phone 3773.

North Congregational Church

At the 11 a.m., service of worship for Reform Sunday, Oct. 30, the Rev. Bob Graham will speak on "Word At Work," based on I Corinthians 4:1-13. Assistance in the service will be Debra Smith, seminary minister, and Grace Peterson. John and Margaret Kinney and Kenneth Kinney will usher. Allan Blasdale is the organist and choir director.

The adult study seminar meets each Sunday at 10 a.m. in the Babcock Room. This week the topic will be "Individual Psalms of Thanksgiving."

Following the services, the annual meeting of Northern California Congregational Christian Fellowship will be Oct. 29 at the Sequel Congregational Church.

Each week, food is collected at the church for the Food Pantry in Berkeley which feeds hungry people. Food can be left at the church any weekday from 9 a.m. to 5 p.m.

There will be a children's Halloween party on Friday, Oct. 31 from 5-6:30 p.m. Games, entertainment, refreshments are under the direction of Debra Smith. Children of all ages are invited.

The church is located at the corner of Cedar and Nut streets in North Berkeley. For further information call 848-1201.

EAST BAY

Chinese Rhenish Church

This bilingual (Cantonese and English) Lutheran church welcomes the public to worship every Sunday at 9 a.m., with Sunday school classes for all ages at 9:30 a.m. The pastor is the Rev. Loke Hoy-San.

The following weekly classes are offered: Bible study, Wednesday, 8 p.m.; Chinese Bible study, Thursday, 8 p.m.; youth fellowship, Friday, 7:30 p.m.; Chinese language school, Saturday 9:30 a.m. to noon; and individual counseling by appointment only. Call Loke at 232-0579 or 232-1072.

The church is located at 4709 MacDonald Ave., Richmond. Phone 232-1072.

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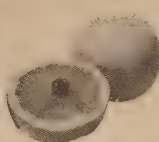
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ALBANY

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Special Events

Flu shots at the center, Thursday, Oct. 27, from 10 a.m. to 2 p.m. \$2 charge for cost of serum.
 Birthday party, Thursday, Oct. 27 at noon.
 Holiday entertaining demonstration by Jennie Cortes-so, Tuesday, Nov. 1, from 10 a.m.-noon. Featuring fancy sandwiches and hors d'oeuvres for tasting. Call for reservations.
 Legal assistance for Alameda County residents, by appointment, Wednesday, Nov. 2, at 10 a.m.
 Crafts fair at center, Saturday, Nov. 5, 10 a.m.-3 p.m.
 Handmade Christmas articles.
 Tickets available for Thanksgiving luncheon at Spenger's, Saturday, Nov. 12 at noon. Sign up at center.

Classes

Monday: creative writing, 9 a.m.-noon; painting, 9 a.m.-1 p.m. (this class moves to Tuesday on Nov. 15); current events, 1-3 p.m.; crafts, noon-3 p.m.; tutorial writing, noon-2:30 p.m.
 Tuesday: beginning photography, 9 a.m.-noon; exercise and relaxation, 9:30-10:45 a.m., through Oct. 25; folk dancing, 1-3 p.m.; English as a second language, 1-3 p.m.
 Wednesday: color slide photography, 9 a.m.-noon; current world problems, 10 a.m.-noon; tutorial writing, 12:30-2:30 p.m.; Shakespeare, 1-4 p.m.; Tai Chi, 1:30-2:45 p.m.
 Friday: creative writing and poetry, 1-3 p.m.
 Saturday: writing, 1-4 p.m., every fourth Saturday.

Continuing Events

Blood pressure clinic, 4th Monday every month, 1 to 3:30 p.m.
 McDonald's representative will be at the center every second Tuesday at 3 p.m. to distribute membership cards and coupons.
 Barber service, Thursday 9 a.m.-noon. Donation requested.
 Bingo, Thursday and Saturday, 10:30 a.m. Singalong, Thursday, 11:30 a.m.; bridge, Friday, noon-3 p.m.
 Cards and conversation, Thursday, noon-5 p.m.; Saturday, noon-4 p.m.; Sunday, noon-4 p.m.
 Chess group, Friday at 10 a.m.
 Community service, Friday, 10 a.m.-noon.
 Senior prom ballroom dance, Saturdays from 7:30 - 11 p.m. Donation, \$2 (includes refreshments).

Bus Tours

Trips are sponsored by Albany Park and Recreation Dept. Make reservations with Myriam Heath, Tuesday at 1 p.m. and Thursday at 10 a.m.
 Nov. 16 & 17, Stateline, Carson City, Sparks, \$34 per person double or twin, \$46 per person single occupancy.

Social Security

Field representative at the center the first and third

Friday of the month at 3 p.m. to answer questions.

Transportation

Call at least one day in advance for reservations for senior van shopping trips. Thursday mornings: El Cerrito Plaza, Friday mornings: Solano Avenue. Requested donation, 50 cents per round trip. Albany residents only.
 Taxi scrip available to Albany residents over age 65. Price from \$4-10, depending on income. Apply Tuesdays, Thursdays and Saturdays, 10 a.m. to 2 p.m. Persons in wheelchairs may purchase special transportation vouchers.

Meals on Wheels

Home-delivered meals are available for Albany residents. The food is prepared at Alta Bates Albany Hospital and is delivered at midday by a volunteer driver. Regular, low-salt and diabetic meals are available. \$15 per week (weekdays only).
 To order, please call the center at 644-8500 one week in advance. Coordinator Margo Tyndall will make all arrangements.

Volunteer drivers able to donate one hour of time a week at midday are also asked to call.

Menus

The nutrition site meal is served at 4 p.m. Advance reservations are required. The suggested minimum donation for seniors is \$1 plus 50 cents; \$3.50 for persons under age 60. Monthly menus are available.
 Oct. 26, chicken; Oct. 27, pork chops; Oct. 28, pepper steak; Oct. 31, liver with onions.

EL CERRITO Open House

Located at 6500 Stockton Ave., behind the library; 526-0124. Drop in lounge open weekdays from 9 a.m.-2 p.m. Lunch daily at noon.

Classes

Mondays: 10 a.m., T'ai Chi; 10-11:30 a.m., aural rehabilitation for people with hearing loss; 1 p.m. bridge or choral group.
 Tuesdays: 9:30 and 10:15 a.m., fitness; 10 a.m., beginning drawing; 10 a.m.-2 p.m., women's hairstyling (by appointment only); 1 p.m., grocery bingo.
 Wednesdays: 9:30 a.m., mild exercise; 10 a.m., history of Contra Costa County; 10:30 a.m., needlework; 10:30 a.m., communication bridge lessons; 12:30, knitting; 1 p.m., bridge; 1 p.m., choral group under the direction of Art McCue.
 Thursdays: 9:30 and 10:15 a.m., fitness; 10 a.m., Spanish conversation; 1 p.m., choral group; 1-2 p.m., small appliance repair drop-off.
 Fridays: 9 a.m. to noon, barber; cash bingo, 1:30-3:30 p.m.

Christ Lutheran

Mondays, 9 a.m.-2 p.m. at 780 Ashbury Ave. at Stockton.
 Craft classes (pressed flower stationery, macrame, jewelry, weaving) are taught in the morning. \$5.50 lunch at noon. Afternoon program of information, speakers, community singing, sit-down exercises and folk dancing.
 The program is co-sponsored by the Richmond Unified School Adult Education program.

St. John's Center

St. John's senior center meets every Tuesday from 9 a.m. to 2 p.m. at the Catacombs building, Gladys and Lexington streets, El Cerrito. For information, call Nancy Gans, 529-1114.

The Center is part of the Richmond Unified Adult Education Program. 9 a.m., crafts; noon, free lunch; 12:30 lectures. After lunch, the group has community singing, sitdown exercises and folkdancing until 2 p.m.

Any El Cerrito resident 60 years or older can attend this free Richmond adult school. Registration is at 9 a.m. on Tuesdays. Phone, Tuesday only, 234-2797.

Any West County resident can apply for volunteer training, and any adult can attend the free weekly lectures.

Community Center

Monday, 6-9 p.m. at El Cerrito Community Center, 7007 Mooser Lane. Program: first week, business and bingo; second week, cards and games; third week, potluck; fourth week, cards and games. If there is a fifth week, special programs. For information call 525-6747.

Senior Citizens Club

Meets Thursday, 5-9 p.m. at St. John's Catacombs Hall, Gladys and Lexington Streets. First Thursday of the month: business and cards; second, bingo; third, birthday observances; fourth, potluck and cards; fifth, special programs.

For information: 526-7462.

Sakura Kai Center

For Japanese-speaking senior citizens, first and third Saturdays, 1-3 p.m. at 6510 Stockton St. Arts, crafts exercises, ceramics, "shigin" (poetry singing) and Social Security available. For information: William Waki, 525-7086.

KENSINGTON

Activity center, Thursday, 9 a.m.-2:30 p.m. at the Arlington Community Church, 52 Arlington Ave. Morning activities include knitting instruction, beginning French conversation and meditation. After lunch, there is group singing, bridge and a quilting class.

A potluck is held on the first Thursday of each month. Members may bring a dish to serve 4-6 people or donate \$2.50. A sandwich, cake and coffee are provided for \$7.50 cents on the remaining Thursdays.

Oct. 27: Bob the Magician will celebrate Halloween by performing tricks.

EAST BAY

North Berkeley Center

1901 Hearst St., Berkeley, 644-6107. Open weekdays, 8 a.m. to 4:30 p.m., gift shop opens at 10.

Regular activities include needlework, theater, English, yoga, bingo, singing, Spanish, Mandarin and French lessons, walks, painting, current events, folk dancing, ceramics, Jewish family circle, alcoholic support group, art, poetry, history, photography and bowling.

For those 65 and over, special rate BART tickets are sold the second Tuesday of each month, 10 a.m. to noon. AC Transit passes are sold the fourth Tuesday of each month, 1-3 p.m.

Richmond Annex Center

5801 Huntington Ave., Richmond. Open Sunday through Friday. Weekday drop-in lounge, 9 a.m.-4 p.m.

Sunday brunch, 10 a.m.-1 p.m. (except Nov. 14). \$1.50. Other activities include gentle exercise, cards, service projects, needlework and games.
 Monthly activities include a potluck supper, by Donna Chavez, 526-3553.

St. James Center

St. James Senior Center, located at St. James Church, 1963 Carlson Blvd., Richmond, meets 9 a.m. to 2 p.m.

Craft classes (water color painting, knitting, ing, flower-making) are taught in the morning which costs 50 cents, is at noon. Afternoon programs include information, speakers, community singing, exercises and folk-dancing.

The program is co-sponsored by the Richmond adult education program. Director is Isabelle Lemoine, 524-4616 for information.

Police beat

ALBANY

Albany police report the following incidents for the week ending Oct. 23:

• Johnnie G. Bradley of Berkeley was arrested on charge of rape, after he allegedly went for a walk in acquaintance, beat her and forced her to have intercourse.

• Alfred M. Collins of San Pablo was charged with trying to defraud an innkeeper, after he allegedly went to pay cash for a meal at King Tu restaurant when his card was rejected. He also was charged with beating a public.

• An Albany woman reported to police that she received a call from someone who said he was from Montgomery Ward, and insisted he could only talk to her woman's husband, who was out of town. On checking Ward's, police learned that earlier in the week there was a scam operation during which the caller told them they had won valuable prizes, then robbed them when the victims went to pick up their prizes when a fire extinguisher was stolen from a building.

• Police arrested Ismael M. Rivas of Oakland being drunk in public.

• An unidentified suspect removed a container of charcoal fluid from the back porch of a house on Broadway and put it in the street and ignited it.

• Anthony Butler was stopped for a traffic violation then arrested for an outstanding warrant from Berkeley on charge of vandalism.

• Albany police assisted Berkeley police during robbery of a home on The Alameda. Reginald Proctor was arrested by Berkeley police.

• George Malvoux of Oakland was stopped by police for carrying a club-like object, then found to have an outstanding warrant on a disorderly conduct charge in El Cerrito. He was turned over to El Cerrito police.

• Daniel Martinez of Berkeley was allegedly leaving the scene where a stereo had just been stolen from a car. Police stopped him on suspicion. He was arrested on an outstanding warrant, and police allegedly found a stolen unit in Martinez's car.

• Two men entered a store at 1501 Solano Ave. while one distracted the clerk the other allegedly took more than \$400 worth of rings.

• Police arrested Stewart Randall of Seaside on an outstanding warrant from San Francisco, after he was found sleeping in a laundromat.

• An unidentified suspect broke into a house on Jackson and escaped with coins and the occupant's ring.

• A man approached a woman sitting in her car in front of her home, leaned across her and dragged her away. The woman clung to the purse and was dragged out of the car. The thief escaped with the purse.

• Lance N. Buesen was arrested on suspicion of burglary of a home on Madison, while the burglary was in progress.

• Michael D. Jones was stopped for a traffic violation and arrested for 10 outstanding warrants.

• A child's playhouse was stolen from the outdoor grounds at an Albany school.

• Collector's Emporium on Solano reported the theft of political buttons and a glass case allegedly valued at \$282.

• An unidentified suspect entered Cragmont Community Center and removed a credit card from the safe.

• Melvin Sanders of Oakland was arrested on a charge of being drunk in public.

• A garage on Ordway was burglarized, with a reported loss of \$1,500 worth of items.

There were 16 adult arrests during the week.

EL CERRITO

• Owen P. Conway of El Cerrito was charged with aggravated assault after he allegedly pointed a gun at an acquaintance after a physical fight. The victim reported he grabbed the gun and it went off.

• Police arrested John M. West of Richmond after he allegedly threw a brick through a car window in the parking lot of a bowling alley.

• A woman was walking in the business district when a man ran up behind her, grabbed her purse and escaped with it.

• Harry Keiser of Hercules was arrested on a charge of driving drunk in the influence.

• John A. Kennedy of Berkeley was arrested after he allegedly concealed items on his person from the dock at the Lucky Store, then tried to leave.

• A burglar broke into a home in the 2500 block of Tulare and escaped with a television and stereo equipment.

• A man grabbed a coat from another man as he was walking in the 11300 block of San Pablo.

• Police arrested Patricia A. Church of San Pablo on charge of petty theft after she allegedly removed items from Capwell's without paying.

• An assault with intent to commit rape took place when a man chased a woman up the stairs to her apartment, then threw her down on the ground. The woman's husband scared away the intruder.

• Andrew Romero of El Cerrito was charged with being drunk in public.

• Te Wei Li of El Cerrito was arrested on a charge of petty theft at Capwell's.

• A man entered the Bank of America on San Pablo and ordered the teller to give him tens and twenties. He escaped with approximately \$240.

• Josephine Valdepena of Richmond was charged with petty theft from the Food Bowl.

• On an AC Transit bus, a man cut the straps of a woman's purse and escaped with the bag, reportedly worth \$195.

• Ernest Pearson of Berkeley was charged with burglary of the Lucky Store after he allegedly concealed items on his person.

• Cynthia Y. Jones and Tammy R. Reed were arrested at Long's Drugs on charges of petty theft.

• At the Record Factory, Delores Flores was arrested on a charge of petty theft after she allegedly took a magazine.

• Connie L. Smith was arrested on a shoplifting charge at Long's Drugs.

• In the rear parking lot of a bar on San Pablo a suspect approached a victim and demanded money.

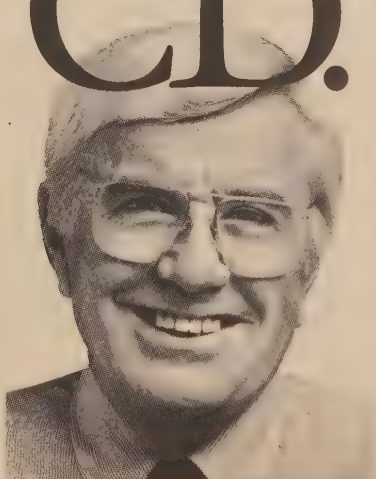
• Nanci Liggins of Oakland was arrested on a charge of petty theft at Capwell's.

There were 16 arrests during the week.

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If you are looking for a way to earn high interest without tying up your money for a long time, this is your year. Because Coast Federal now has a one-year certificate of deposit.

Check out the numbers for yourself. A one-year term. A high rate of interest, compounded daily.* A minimum deposit requirement of only \$500. And maximum insurance up to \$100,000



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10.79% • 10.25%

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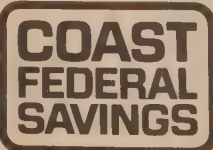
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Friday 9-6
Saturday 9-1

Berkeley
1559 Solano Avenue
526-8982
Oakland-Downtown
1716 Broadway
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Classified liners are taken up until 5 p.m. for publication in the following day's paper. Classified display ads are due by noon 2 full days prior to publication. Display advertisements for THE SUNDAY PAPER are due by noon Thursday.

010

TRIPED Grey 5 mo. old. White face collar. 527-9230.

MALL fem Lab/Dach mix, 5 mos, black/white stripe on chest, 10-21. Farmhouse school area, RICH. REWARD 223-8059 aft 2 pm.

OST Lil' Granddaughters, 10-21, night overpass on El Portal Dr. Please call 38-5950. 232-3571 Eves. Some clothes had sentimental value please call.

011

OUND: Very pretty young, black/fan female dog. Blonde front paw, trained. 524-7490

JUND: 8 wks, very tiny white/beige dog, male. Part Pomeranian? Rich. Annex. 235-5994

TRIPED Kitten, 4 mos. Male, vcty Pomona Lynn St. Call 527-7200. 524-4805 aft 4.

3G: Rhodesian Ridgeback. Alb/Berk area. If he's yours, call 232-2522.

JUND Canadian Coin in the College & Webster area of Berkeley. Owner may claim. Berkeley Police Dept Ad-16-83

JUND Bicycle in the 100 Blk 7th St. area of Berkeley. Owner may claim. Berkeley Police Department Ad-16-83

025

FREE PREGNANCY services. Oakland Feminist Women's Health Center, 444-5676. Every woman's Clinic in Pleasant Hill, 825-7900.

YCHIC Reading, Ad-16-83 matters. I can & will help you. Special reading \$2. 426-8339.

WOMEN! How much do you know about birth control? Do you ever hear of a Bay Area clinic for information call 444-5676 725-7900.

035

DIVORCE HELP LOW-COST SERVICE ES & WKND \$40-UP Training Orders \$45 San Pablo. Call 526-5651

045

LINE AND TRAVEL Career Academy 925 Oakland Alameda 552-5751 weekdays

OMPETENT Exper- ther will tutor your d in any elementary sub. subject. Please 526-5919

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ART TV-STEREO AIR. 20+ yrs exp calls \$5. No labor \$35. 523-5776 msg.

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045

Train For Switchboard 9 wks hotel, hosp. office No Age Limit Day/Eve Free Placement Assist CALL NOW 786-4166

048

CHILD CARE IN Tara Hills Close to schools, any age. Please call 724-3215

FAMILY DAY CARE, infants to 3 years. North Berkeley. 524-9110.

060

FOUR Star Bldg. Supply 3645 San Pablo Dam Rd. ES is accepting applications for the following positions: retail sales bldg. materials; Lumberyard; truck drivers; cashiers; shipping & receiving clerks. Applicants apply in person, Oct. 27 & 28 bet. 9am-11am & 2pm-4pm. Exper. pref. however we will train. 5 day/wk. incl. wknds. Many excellent benefits.

GEN'L Office, entry level. Respons. Full time, start immed. Francis. 526-9100

JOURNEYMAN plumber-minimum 6 years experience. Salary to \$30,000 per yr. Vacation & medical benefits. Call 526-5532, 9-4 weekdays

NURSING Asst. Part time, on call. Exper. preferred but not necessary. Hourly wage, 6.53/hr. fringe benefits. Apply Shields & Terrell Convalescent Hospital, 1919 Cutting Blvd Richmond 234-4698

Shipping Clerk Berkeley based medical instrument mfg of high technology products is seeking a fulltime shipping & receiving clerk. Must have minimum 2 yrs experience and be able to lift 75 lbs. Good driving record required. Send letter of application or resume with SALARY HISTORY TO: Personnel Dept., 53, P.O. Box 1543, El Cerrito, Ca. 94530-4543

DENTAL Receptionist, exper in X-Ray, 3 day. Salary, 724-4900

DENTAL Receptionist in Berk office. Appt., scheduling, insurance exper. pref. 845-1997

DENTAL assistant, No Berkeley office. Experience required. 4 day week. 526-1424.

DENTAL Assistant or Secretary, full time. X-Ray license. 232-3860.

DENTAL RDA, min 2 yrs exper. Salary and profit sharing. 232-0642

DRIVERS Greyline Cab Co. 235-8388

FLOWERS Sales, cash paid daily. Street corner flower vendors needed for indoor/outdoor. No exper. or trans., nec. 386-9134

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FREE est. patios, retaining walls, driveways, etc. Lic. 707-557-4205

COMPLETE Gardening Service. Free estimates. 234-7741

COMPLETE gardening, hauling & maintenance. 236-9172

A-A GARDENING Pruning, trim, cleanup, Maint. & haul. 8 hrs exper. Reas. Free est. 232-8619

MYERS Gardening SOD Lawns/1 Day 8 of A-Master/char. Monthly Service 235-5776

ROTOTILLING Lawn & garden, general cleanup. 237-0457

SAENZ GARDENING, 8 hr rototilling, yard cleaning, hauling. 237-6556

LANDSCAPE, gardening & maint. More gardening. Better gardening 232-3383

ALL PHASES CONSTRUCTION Lic#346436 234-8380

BATH-Kitchen-add-ons All exter-inter remodel Foundation-porch-roof 26 yrs. 8355155. Russel Abe's Home Ser. 843-6356

DESIGN/INSIDE Additions, remodeling, kitchens. Quality work. Arch. dep. Lic 382720. PALMER ASSOCIATES 524-4473

DESIGN, ADDITIONS ARCH CONST Reference Lic. 331040, 234-4480

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060

PERSONNEL SECTY Berkeley based manufacturer of Medical Instrumental is in Immed. need of a personnel secretary. Applicants must have good general knowledge of personnel functions, strong communications skills and solid math ability. Typing 50-60 wpm and filing, fast learner with pleasant attitude, ability to interphase well with people. Salary open. Send resume or letter of application w/ salary history to Personnel Dept PS-3 P.O. Box 1543, El Cerrito, Ca. 94530-4543.

SEAMSTRESS for bridal gown alterations. Days 235-3600; 935-2006 eves

TRUCK Driver, Class 1 lic, minimum 5 years exp. knows grocery delivery. Phone 235-3600. 12-4PM, Wed., 10/26.

TYPIST 5m, No. Berk. Real Estate appraisal office needs morn. help. Min 55 wpm & pleasant phone manners. 548-1001

WANTED-experienced individuals in bakery, service del or cake decorating. Interviews being held Thursday, Oct. 27, 9 am. to 4 pm. 1600 Lucky Stores, San Pablo Ave. & Portola. Lucky is an equal opportunity employer.

FIND, Rent, Tell, Sell, Buy, Hire, Locate, Trade-it all in classified. Phone 237-1111.

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CEMENT wk-patios, sidewalks, steps, garages, redwood decks, painting. 25 yrs exper. 235-1440

CEMENT work all types Try Me Free est. Anytime 234-3239

CONCRETE-foundations, driveways, etc. Retaining walls. References. Licensed. (707) 552-6341.

RETAINING walls, footings, walkways, drain pipes. Small loader, dump truck. 25 years exp. 235-4119

FREE est. patios, retaining walls, driveways, etc. Lic. 707-557-4205

COMPLETE Gardening Service. Free estimates. 234-7741

COMPLETE gardening, hauling & maintenance. 236-9172

A-A GARDENING Pruning, trim, cleanup, Maint. & haul. 8 hrs exper. Reas. Free est. 232-8619

MYERS Gardening SOD Lawns/1 Day 8 of A-Master/char. Monthly Service 235-5776

ROTOTILLING Lawn & garden, general cleanup. 237-0457

SAENZ GARDENING, 8 hr rototilling, yard cleaning, hauling. 237-6556

LANDSCAPE, gardening & maint. More gardening. Better gardening 232-3383

ALL PHASES CONSTRUCTION Lic#346436 234-8380

BATH-Kitchen-add-ons All exter-inter remodel Foundation-porch-roof 26 yrs. 8355155. Russel Abe's Home Ser. 843-6356

060

PERSONNEL SECTY Berkeley based manufacturer of Medical Instrumental is in Immed. need of a personnel secretary. Applicants must have good general knowledge of personnel functions, strong communications skills and solid math ability. Typing 50-60 wpm and filing, fast learner with pleasant attitude, ability to interphase well with people. Salary open. Send resume or letter of application w/ salary history to Personnel Dept PS-3 P.O. Box 1543, El Cerrito, Ca. 94530-4543.

SEAMSTRESS for bridal gown alterations. Days 235-3600; 935-2006 eves

TRUCK Driver, Class 1 lic, minimum 5 years exp. knows grocery delivery. Phone 235-3600. 12-4PM, Wed., 10/26.

TYPIST 5m, No. Berk. Real Estate appraisal office needs morn. help. Min 55 wpm & pleasant phone manners. 548-1001

WANTED-experienced individuals in bakery, service del or cake decorating. Interviews being held Thursday, Oct. 27, 9 am. to 4 pm. 1600 Lucky Stores, San Pablo Ave. & Portola. Lucky is an equal opportunity employer.

FIND, Rent, Tell, Sell, Buy, Hire, Locate, Trade-it all in classified. Phone 237-1111.

FOUR Star Bldg. Supply 3645 San Pablo Dam Rd. ES is accepting applications for the following positions: retail sales bldg. materials; Lumberyard; truck drivers; cashiers; shipping & receiving clerks. Applicants apply in person, Oct. 27 & 28 bet. 9am-11am & 2pm-4pm. Exper. pref. however we will train. 5 day/wk. incl. wknds. Many excellent benefits.

GEN'L Office, entry level. Respons. Full time, start immed. Francis. 526-9100

JOURNEYMAN plumber-minimum 6 years experience. Salary to \$30,000 per yr. Vacation & medical benefits. Call 526-5532, 9-4 weekdays

NURSING Asst. Part time, on call. Exper. preferred but not necessary. Hourly wage, 6.53/hr. fringe benefits. Apply Shields & Terrell Convalescent Hospital, 1919 Cutting Blvd Richmond 234-4698

Shipping Clerk Berkeley based medical instrument mfg of high technology products is seeking a fulltime shipping & receiving clerk. Must have minimum 2 yrs experience and be able to lift 75 lbs. Good driving record required. Send letter of application or resume with SALARY HISTORY TO: Personnel Dept., 53, P.O. Box 1543, El Cerrito, Ca. 94530-4543

DENTAL Receptionist, exper in X-Ray, 3 day. Salary, 724-4900

DENTAL Receptionist in Berk office. Appt., scheduling, insurance exper. pref. 845-1997

DENTAL assistant, No Berkeley office. Experience required. 4 day week. 526-1424.

DENTAL Assistant or Secretary, full time. X-Ray license. 232-3860.

DENTAL RDA, min 2 yrs exper. Salary and profit sharing. 232-0642

DRIVERS Greyline Cab Co. 235-8388

FLOWERS Sales, cash paid daily. Street corner flower vendors needed for indoor/outdoor. No exper. or trans., nec. 386-9134

WORLD CARPET "STEAM" CLEANING Living room & hall \$24.95 Any add'l room \$12.95 Call anytime 235-3384

Coro fellowships set in public affairs

The Coro Foundation is now accepting applications for the 1984-85 Coro Fellow Program, a nine-month full time graduate level training program in public affairs. The application deadline is Jan. 16, 1984.

The Fellows Program is designed for the college graduate with leadership abilities whose goal is a policy-making position in public affairs. The program is offered annually at Coro centers in San Francisco, Los Angeles, St. Louis and New York.

Following a national selection process 12 Coro Fellows are appointed for training in each center. Coro is especially interested in an increased representation of applicants from minority backgrounds.

The San Francisco center is located at 1370 Mission Street; 863-4601.

PUBLIC NOTICE

being of low or moderate income. Fees for licenses and certifications shall be set by City Council resolution and paid for by the permittee.

(j) **Design Review** - Plans for all exterior and interior changes needed for the secondary shall be reviewed by the Planning and Zoning Commission under Design Review (Section 602). In addition to the normal Design Review criteria, the Planning and Zoning Commission shall ensure that all exterior changes, including off-street parking, are done in such a way as to preserve single-family residential character.

(k) **Acceptance of Conditions** - Before exercising any privileges granted by a conditional use permit for a secondary unit, the permittee shall sign a statement:

1. Agreeing to comply with all requirements of the permit and this section;

2. Acknowledging that the permit grants only revocable privileges which may be forfeited by non-compliance with this ordinance;

3. Agreeing that it is illegal for a tenant to pay, or an owner to accept, any rent payment if violations(s) of this section exist.

A copy of this statement shall be recorded and shall be posted at all times in the unit which is rented.

Section 310.5 Existing Secondary Units.

All existing secondary residential units (i.e., all units in single-family homes) in R-1 and R-1-H zones as of the effective date of this ordinance shall apply for registration with the Building Officials by April 1, 1984. The unit shall be inspected by the City Building Inspector for health and safety hazards. In order for an existing unit to be registered the owner must show by written evidence that the unit was legally created, met all applicable City Ordinances and Building Codes at the time of its creation, and has been in continuous use as a separate unit since its creation.

In cases where this cannot firmly be established in the opinion of the Director of Public Works, the owner shall either remove the unit or apply for a new conditional use permit under Section 310 of the Albany Zoning Ordinance. Secondary Residential Units constructed prior to November 7, 1978 may be approved by the Planning and Zoning Commission even if not "legally" created, but shall be required to be improved (building code, parking, etc.) to the maximum reasonable extent, (and in no case shall there be less than one parking space for Secondary Units), and shall be required to meet minimum health and safety code standard (electrical, plumbing, heating, ventilation, emergency egress, etc.). Units not registered or approved under this section are deemed to be illegal and are subject to abatement as violation of this Ordinance. Fees for registration shall be set by City Council Resolution.

Section 2: That Section 206.2(c) read as follows:

(c) **Residential Uses**

Secondary Residential Units (see Section 310)

Section 3: That Section 305.6(c) is amended to read as follows:

(c) **"Tandem" parking**

Each parking space shall have unobstructed access from a street or from an aisle or drive connecting with a street without requiring moving another vehicle. **Exception:** Tandem parking may be allowed by the Planning Commission for single-family residential lots of less than 30 feet frontage when the applicant can demonstrate to the City Engineer that no alternative design will preserve on-street parking spaces, and for **Secondary Residential Units**. (Section 310).

Section 4. Severability

a. If any portion of this Ordinance is held to be invalid or unconstitutional, such decision shall not affect the validity of the remaining sections of this Ordinance, or the validity of the City Charter.

Section 5.

This Ordinance shall be published in the Times Journal, a newspaper of general circulation within the City of Albany, which said newspaper is designated for that purpose, and shall become effective on and after its final passage, adoption, and publication.

EDWARD J. McMANUS
Mayor of the City of Albany

JACQUELINE BUCHOLZ, City Clerk of the City of Albany, California, do hereby certify that the whole number of members of the City Council of the said City of Albany is five, that the foregoing Ordinance, being ORDINANCE NO. 83-05, was passed and adopted by the said City Council, approved and signed by the Mayor of said City and Attested by the City Clerk of said City, all at a regular meeting of the said Council on the day of October 17, 1983 A.D., and that the same was so passed and adopted by the following votes:

AYES: Councilmembers, Johns, Kruse, Nichols & Vice-Mayor McManus

NOES: None

ABSENT: Mayor Ganong

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the official seal of the City of Albany, this 18th day of October, 1983.

JACQUELINE BUCHOLZ
City Clerk

A-217-October 26, 1983

Hearing aid advice

If you find yourself turning up the radio or television — when the rest of the family complains the sound is too loud — you may have a hearing loss.

Bill Wansley, president of the East and North Bay Better Business Bureau, said if you suspect your hearing isn't what it used to be, you should consult a qualified doctor or ear specialist.

A doctor or specialist will test your hearing with an audio-meter, and determine whether a hearing aid will help. If a hearing aid is needed, care and maintenance of the unit will also be presented and discussed.

Questions you should ask before selecting a hearing aid include: Is the quality of the sound excellent? Does the aid help me understand speech in quiet areas and in noisy ones? Is it comfortable? Are the tone and volume controls and telephone switch easy to operate? Is it easy to put on and take off? Does the price include the ear mold? What are the upkeep costs? What kind of warranty comes with the aid?

Some hearing facilities will arrange a trial or rental period during which these questions can be answered.

For a reputation report on any retailer of hearing aids, call the BBB.

Reno trip set for elders

EL CERRITO — The El Cerrito Community Center, 7007 Moers Lane, is sponsoring an overnight senior excursion to the Sundowner Hotel in Reno, on Dec. 15 and 16.

Cost per person will be \$35 for double occupancy and \$50 for single occupancy. There is a bonus package of \$49, which includes gas, food, drink and casino coupons.

The bus will leave the Community Center at 8 a.m. on Dec. 15 and return Dec. 16 at 8 p.m. Sign-up will be Oct. 24 at 5 p.m. on a first-come, first-serve basis.

For further information call Bruce Nakao, at 525-6748 after 5 p.m. on Tuesday, Wednesday or Thursday.

'Fantasticks' on boards

The musical, "The Fantasticks," will open at the Masquers Playhouse, 105 Park Place, Pt. Richmond on Friday, Nov. 4.

Performances will continue Friday and Saturday evenings at 8:30 p.m. through Dec. 17. There will be three Sunday matinees at 2:30 p.m. on Nov. 20 and Dec. 4 and 11.

The play, which features the songs "Try to Remember" and "Soon It's Gonna Rain," is directed by Pat Siekert. Admission is \$4.50.

For reservations, please call 526-1038.

Opera done in English

Commedia Dell' Opera performs Donizetti's comic opera, The Elvix of Love, on two weekends, Nov. 4-6 and Nov. 11-13 in the King Jr. High Theater, 1781 Rose St., Berkeley.

Performances are Sundays at 2 p.m. and Fridays and Saturdays at 8 p.m. All performances are in English and fully staged with orchestra.

Tickets are \$7.50 for adults and \$5 for children and seniors. They are available from Citicorp Savings, Berkeley.

Call 524-5256 for information.



FLOWERPOWER — Everett Farwell, Jr., (l.) of the American Rhododendron Society and former El Cerrito Hadley Osborn, director of Filoli Estate and Garden in Woodside, discuss the upcoming Western Regional Conference of the American Rhododendron Society, which will be held in Monterey, Nov. 4-6. Call Marv Larsen for information at 848-3071.

ANYTHING on WHEELS



SAFeway



REMODELING CELEBRATION!



The work is done. The store is set. And we're waiting to serve you!

While busy craftsmen were swarming over our store, we weren't idle. We were busy making plans to hold a big celebration just as soon as the remodeling was finished. Here it is... and you're invited. Come see our beautiful store and get your share of the terrific values we have for you in all departments. We promise you wonderful bargains and shopping fun.

Dennis Wickwire
Store Manager

1500 Solano Ave.

ALBANY

Here are just a few of our NEW features:

Floral Shoppe:

Our FRESHNESS shows in our florist quality plants and flowers.

Cheese Table:

Hundreds of domestic and imported cheeses from around the world.

Expanded Wine Cellar:

Hundreds of domestic and imported wines and beers. Fine spirits too.

Expanded Natural Foods:

A vast assortment of low sodium, natural foods and products.

Scanner registers, new freezer cases, wall graphics, bulk coffee... and much more inside the store!

STORE HOURS:

Mon. thru Sat. 8:30 am to 9:00 pm
Sunday 9:00 am to 8:00 pm

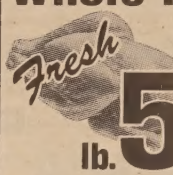
Golden Bananas



America's Favorite Fruit

3 lbs. \$1

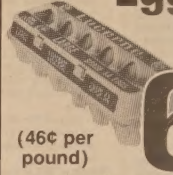
Foster Farms Whole Fryers



California Grown

lb. 59¢

Large AA Eggs



Lucerne, Dozen

(46¢ per pound) 69¢

Cheese Table

Hundreds of domestic and imported cheeses from around the world!

German Swiss Cheese

Sweet and mild, an outstanding value!



lb. \$2.49

Floral Shoppe

Your new Floral Shoppe carries the finest and freshest flowers available, along with a grand selection of potted blooming and foliage plants. We are eager to meet you and design your special flower arrangement.



FRESH Roses

Beautiful roses in a rainbow of colors. FRESH from the greenhouse to you.

HALF DOZ. BUNCH \$1.59

Chrysanthemums

Florist Quality, Foil Wrapped
SAVE \$2.00

6" Pot \$3.98

Young Turkeys

Broth Basted, Frozen

lb. 67¢

Beef Back Ribs

Frozen Fresh Thawed

lb. 88¢

Sliced Bacon

Smok-A-Roma (2 lb. Thick Sliced, \$2.57)

\$1.29

1 lb.

Boneless Ham

Smok-A-Roma, Whole or Half Water Added

\$1.49

lb.

SAVE 40¢

Sunny Delight Citrus Punch

64 oz.

99¢

Farmer John Pork Link Sausage

Skinless, Frozen

8 oz. 49¢

100% Wheat Bread

BUY ONE, GET ONE

1 lb. Loaf

FREE

Mayonnaise

NuMade, 32 oz.

SAVE 20¢

99¢

Natural Sun

Orange Juice, Frozen, 12 oz.

SAVE 46¢

79¢

Corr's Sodas

Natural, All flavors excluding Ginseng

6 Pack, 12 oz. Cans

(Ginseng, 6 Pack, 12 oz. Cans, \$2.49)

SAVE 20¢

\$1.59

NATURAL FOODS

The new Natural Foods center has an unparalleled selection to choose from:

- Bulk Grains • Oils • Low Sodium Products
- Herb Teas • Natural Vitamins • Natural Beverages
- Snack & Candy Items • Spices & Seasoning • Soups
- Natural Cosmetics • Natural Juices • Protein Products • Rice Cakes • Sugar Free Products

Knudsen Natural Apple Juice

44 oz.

99¢



EXPANDED WINE CELLAR

We're proud of our wine shop! We feature:

- An excellent selection of fine wine.
- Many weekly and monthly specials.
- Discounts on full case purchases of wine and liquor.
- Convenient one-stop shopping.

North Coast Cellars Wine



Premium varietals from Napa, Sonoma and Mendocino Counties. Zinfandel, French Colombard, Gamay Beaujolais, Pinot Noir, Cabernet Sauvignon, Riesling, Chenin Blanc or Blanc de Blancs, 750 ml.

SAVE \$2.97 on 3 (Buy a case and save an additional 10%, \$21.60 per case)

3 for \$6

Sebastiani Mt. Wines

Burgundy Chablis, Rhine or Rose, 1.5 Liter

SAVE \$3.58 on 2 (No additional case discount)

2 for \$5

Raymond Vineyards

Red or White

750 ml. \$3.99

Caymus Liberty School

Cabernet Sauvignon Lot #10

750 ml. \$4.99

Items and prices in this ad are available October 26, 1983 thru November 1, 1983, at your Safeway Store located at 1500 Solano Ave. in Albany. No sales to dealers, restaurants or institutions. Sales in retail quantities only.

SAFeway



AMERICA'S FAVORITE FOOD STORE